Groom yourself transform yourself, it was unique concept of self grooming organized by Rajkot Manhasset Society, club 35 plus and WDW on 16/04/2022, Saturday.

Easy Make Up

Easy Hair Style

Sari Dripping and Latest Fashion Tips were demonstrated by eminent beautician, fashion designer and member of our society.

Felicitation of Quiz and Poster competition winners of club 35 plus was done. More than 200 delegates attended, soon coming with mind and soul grooming session.
• It was a joint CME of ROGS and RMS. Excellent and very much precise presentation of Dr Puja Tanna on 24/4/2022 on significance of ovarian tumor markers.

• Dr Anjanaben Chauhan president of Ahmedabad menopause society has beautifully explained regarding uterine malignancy screening updates.

• Penal discussion was on menopause transition, different symptoms and how to deal with them was well moderated by Dr Ami Mehta and Dr Lata Jethwani.

• Respected Dr Sushmitaben Dave and Dr Rekaben Patel chaired the session and gave their very much informative inputs.
Rajkot OBS & GYN Society
Menopause Society
Menopause Transition

SUNDAY 24th APRIL 2022
VENUE: HOTEL IMPERIAL PALACE, 10:00 AM to 1:00 PM
YAGNIPUR ROAD, JAGNATH PLAT, RAJKOT.

PRESIDENT FOGS
Dr. Dhiren Thakrani
Dr. Arvind Mehta

SECRETARY FOGS
Dr. Jigna Ganatra
Dr. Hina Purohit

SPEAKERS, PANELISTS & EXPERT FACULTY
Dr. Anjali Chauhan
Dr. Parshat Tonra
Dr. Lata Jethwani
Dr. Minakshi Rakhshi

Dr. Aman Mehta
Dr. Vinod Solanki
Dr. Bhakti Ganatra
Dr. Jyoti Parmar
Dr. Rashmi Mehta

Dr. Sudhara Dave
Dr. Rekha Patel

Academics Partner: TEAM Nuchda, A Division of Abbott India
IMS along with Agra, Ahmedabad and Rajkot Menopause Society had organized webinar on cervical cancer screening and management on 27/4/2022.
Bad camp organized on 06/05/2022 by Rajkot Menopause society for nagar parishad female screened 75 women and explained them regarding importance of calcium in diet, vit d, physiotherapist explain exercises according to their need and if needed medications.
RMS organized a CME on UTI in all ages of women.

Dr. Ashish Jasani delivered an excellent lecture on 17/06/2022.

Dr. Ashish Jasani, on UTI, cleared all doubts and share all practical aspects with evidence.

Everyone enjoyed.
Salad studio organized a healthy lunch box competition and launched their healthy meal. This event was supported by Rajkot Menopause Society.

It was on 10/07/2022. Dr. Ami Mehta explained sugar and salt proportions in daily diet and healthy diet habits. Dr. Darshna Pandya different types of salad sprouts, role of life style modifications to remain healthy. Dr Jyoti Shah was judge for the healthy lunch box competition.

Our EC member Dr Shweta Trivedi had done a very good public awareness programme on "PERIMENOPAUSE PROBLEMS AND ITS SOLUTIONS"

among most conservative society of vohra muslim community.

There were 40-50 ladies were present.

All participants were happy after the lecture and discussion.

All were made aware about cancer prevention, bone health and menstrual irregularities in this period.
Rajkot Menopause society organized IMS president webinar on 26/07/2022 on osteoporosis.