Activities Report
MADURAI IMS CHAPTER

Activities
Dr.Revathy Janakiram
President IMS Madurai Chapter
Dr.Angayarkanni
Secretary IMS Madurai.
Menopause clinic by Dr. A.B Chitra-Rajapalayam every Thursday
Active participants in Dancercise – Madurai Chapter
Monthly CME on 3.4.22

Chief Guest
IMS president Dr Shobana Mohandas

“Intimate Aesthetic Health in Menopause “
by Dr Raghini Agarwal ,Gurugan

“Fertility at Forty”by Dr Jivitha,Madurai
Monthly CME on 8.5.22
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Dr HP. Hara Patnayak, Past President IMS, as Chief Guest
Monthly e CME on 8.5.22
Thyroid in Menopause – Dr. Pratik Tambe
Life Beyond Menopause – Dr. Revathy Janakiram.

Conclusions

- Thyroid disease is up to 20x more common in women
- Hypothyroidism, nodular goitre and Ca more common in postmenopausal women
- Diagnosis is difficult owing to overlap of symptoms
- Consequences include higher CV risk, general and CV mortality
- Hyperthyroidism causes osteoporotic # in the postmenopause

Nutrition – Do’s & Don’ts

- Discourage saturated and Trans fatty acid.
- Encourage mono & Poly unsaturated fatty acids.
- Limit salt intake
- Micronutrient rich food
- Encourage intake of fibre contents
- Calcium, Vit D rich foods
- Drink plenty of water.
• Conducted quiz on the four topics of April & May CME
• Members actively participated with interest
• Winners given Prizes
Exclusive camp on Urinary problem in 40+ women on 26.5.22
Midlife Health clinic by our member Dr Bala Abirami
Madurai Menopause Society has been registered on 9.5.22 successfully.

Planning for a live CME on MHT

Handing over charges to New Team
Thank You
Madurai Menopause Society

IMS MADURAI CHAPTER invites you to the Webinar on
Intimate Aesthetic health in perimenopause - A matter of QOL
One IMS credit point for CME | 3rd April, 2023 | 3 to 5 pm

Welcome Address
Dr. Revalya Jansukram
Hod of the Madurai chapter

Chief Guest
Dr. Shilabala Mahendia
Nodal and Treasurer - 2023-2025

Chairpersons
Dr. S. Sata Abirami
Consultant Gynecologist and Obstetrician

Dr. P. Meenambal
HOD of G & M, Ali Medical College

Speakers
Dr. Srinivasan S
Obstetrician & Gynecologist

Topic: Intimate Aesthetic health in perimenopause

Vote of Thanks

Women Doctors Wing, Madurai
Madurai Menopause Society

Madurai Menopause Society & Sun Inca

Kindly invite you for the CME on

Micronutrients in Menopausal Women &
Overactive bladder in Menopausal Women

Chair Person
Dr. Sathish Kumar

Speaker 1. Dr. Sathish Kumar

Speaker 2. Dr. Sathish Kumar

Venue: JC Residency

Date: 22-07-2022

Lunch: 1:00 pm - 2:00 pm
Sessions: 3:00 pm - 4:00 pm

Prayers:
Welcome address - Dr. Senthilvel Ramachandran, President MAMS

Chief Guest address - Dr. Amala devi

Journey of MAMS - Dr. Revathy Janakiraman, Founder-President, MAMS

Felicitations by Dr. Angayarkanni, Founder Secretary, MAMS

Exchange of Jewels

Vote of Thanks

Dr. S. Lakshmi, Secretary, MAMS

Followed by Scientific Session
Madurai Menopause Society &
Dept of OBG, GRH, Madurai
Live Colposcopy Workshop
TNMC CREDIT HOUR: 1 Hour

DATE: 5.9.2022
TIME: 9 AM TO 2 PM
VENUE: GRH AUDITORIUM

Faculty
Dr Priya Ganesh kumar
Chairperson Oncology Committee, FOGSI
DR Revathy Janakiram
Founder President, IMS, Madurai
DR Sivakami Elango
Senior Gyn Consultant, Tirumangalam

Inauguration
5.9.2022 at 10.15 AM
Tamil thai valthu
Welcome address
Dr Senthiru Ramachandran
President MAMS

Lighting the Lamp
Inaugural address
Dr A Raskinavel, MS, MCh, PhD
Dean, Govt Rajaji Hospital, Madurai
Dr S Vijayaragavan MD
Medical Superintendent,
Govt Rajaji Hospital, Madurai

Felicitations
Dr Priya Ganeshkumar
Chairperson Oncology committee, FOGSI

Felicitations
Dr N Sumathi
HOD, Dept of OBG, GRH, Madurai
Vote of Thanks
Dr Indira Priyadarshini,
Treasurer, MAMS

Dr Senthiru Ramachandran
President MAMS

Dr N Sumathi
HOD, Dept of OBG, GRH, Madurai

Dr S Lalithini
Secretary MAMS