Kolkata Menopause Society – 15th May 2022 (Full Day Physical CME)

Date - 15.05.2022
Time – 12pm – 4 pm.
Venue – Hotel Altair

12 pm - Registration
12.30 pm – 1.30pm - Mixed Bag
   Chairpersons
   Dr Kalpana Sarkar
   Dr Suranjan Chakraborty

Speakers – Dr Sukanta Mishra

Topic - Dydrogesterone in Luteal Phase Defect
Speaker – Dr Subhash Mukhopadhyay

Topic - Menopause and Skin
Speaker – Dr Bipasa Sen

Topic - Quality of Life in Menopause
1.30pm- 2 pm – Dydrogesterone - in current Updates
Chairpersons - Dr Kalidas Bakshi
   Dr Sudip Chakraborty
Speaker - Dr Jayanta Kumar Gupta

2pm – 2.40pm - Lunch

2.45pm – 3.45 pm – Panel Discussion
   Topic – HRT – The latest Consensus
   Moderators – Dr Arnab Basak
   Dr Nirmala Pipara.
   Panelists -
   Dr Shipra Roy Chowdhury
   Dr Saktirupa Chakraborty
   Dr Tulika Jha
   Dr Suchitra Jain
   Dr Pallab Gangopadhyay
   Dr Abhinibesh Chatterjee

3.45pm - Vote of Thanks
Kolkata Menopause Society organised a CME on 12th June, 2022 at Hotel Altair, Salt Lake. The program included 3 talks - 1. Dydrogesterone in clinical practice - Dr Nirmala Pipara
2. Advances in surgical management of Endometriosis
3. Hysteroscopy in post menopausal bleeding.
These talks were followed by a panel discussion on perimenopausal bleeding - S were - Dr Suranjan Chakraborty, Dr Bipasa Sen, Dr Dhruba Roy, Dr Bindu Rohtagi and Dr Priyanka Pipara. The panel was moderated jointly by Dr Basab Mukherjee & Dr Jayita Chakraborty.
In this program, the FIMS Award by Indian Menopause Society was handed over to National Past President Dr Ratnabali Chakraborty and the memento of appreciation was handed over to Kolkata Menopause Society President Dr Jayanta Kumar Gupta.
The program was attended by 30 doctors.
Kolkata Menopause Society celebrated World Yoga Day on 2 successive days -

Day 1. 21.06 2022 - at Matrimangal Pratisthan, 228, Rabindra Sarani, Kolkata. Here Yoga instructor Ms Bharti Agarwal (aged 60 +) demonstrated different Yoga postures and their benefits to 35 participants including doctors, sisters and paramedical staff.
Day 2. 22.06 2022 - in collaboration with The Bengal Obstetrics and Gynaecological Society at Salt Lake, Kolkata. Here Yoga instructor Mr Bikram demonstrated different Yoga postures alongwith dancercise to a group of 15 member doctors.
Kolkata Menopause Society organised MHCC program on 05.07.2022 by holding a Health Check up Camp at Matrimangal Pratisthan, 228, Rabindra Sarani, Kolkata. BMD was done for 60 middle aged women, Hb & Random sugar test done for 46 women. Dr Nirmala Pipara, Dr Subhash Ranjan Saha, Dr Anindya Kundu and Dr Ranjit Dhar attended the progra.