Raipur Menopause society has been installed on 17/7/2022. The installation ceremony was organised in association with Raipur Obstetrics and Gynaecology Society which was followed by CME.

Dr. Mandakani Megh was the Chief Guest for ceremony and Dr. Abha Singh Ma’am and Dr. Tripti Nagaria Ma’am were the Guest of Honor.

During the installation ceremony, 3 past presidents and the immediate past President Dr. Manoj Chellani were felicitated.

Dr. Manoj Chellani gave welcome address & delivered the report of work done by RMS from year 2017-2022. This was followed by Installation of new team.

Dr. Sushma Verma is elected for the post of President and Dr. Ritu Jain is elected as the secretary RMS for the year 2022-2024.

The members of new team are:

- President - Dr. Sushma Verma
- Vice president - Dr. Priti Agrawal
- Secretary - Dr. Ritu Jain
- Joint secretary - Dr. Tabassum Dalla
- Treasurer - Dr. Gurpreet Kaur

Executive members-

Dr. Sarla Nihlani  Dr. Monica Pathak  Dr. Rashmi Sood  Dr. Shilpa Pawar
Dr. Suma Ekka  Dr. Pooja Jindal  Dr. Neha Thakur

Installation of New RMS team was done by the hands of Respected Dr. Mandakini Megh & Dr. Abha Singh. The new members were felicitated with medals. The New president addressed the gathering & expressed about the plan of Action of new RMS Team in the coming 2 Years.

Dr. Mrs. Abha Singh Ex Vice Chancellor Ayush University gave a very informative talk on major depressive disorders at menopause. The session was chaired by Dr. Tripti Nagaria and Dr. Jyoti Jaiswal.

In the post lunch session, there was CME organized by Raipur Obstetrics and Gynaecological society (ROGS).

Dr. Mandakini Megh, chairperson ICOG 2020-21 gave lecture on “Anaemia still the great concern for women’s Health”. The chair person for the session were Dr. Manoj Chellani and Dr. Tabassum Dalla.

Dr. Mandakini Megh gave another lecture on FOGSI-ICOG demystified. The session was chaired by Dr. Priti Agrawal and Dr. Sushma Verma.

Lastly vote of thanks was given by Dr. Ritu Jain.

It was a very informative CME and a great learning experience, which was attended by 42 delegates.
Raipur Menopause Society has started a tree plantation drive for one month starting from auspicious day of local festival “Hareli” Celebrated on 28.07.2022.

The auspicious folk festival of Hareli showcasing the importance of agricultural tradition and environment is the, first festival of the year in Chhattisgarh, which marks the beginning of Shravan month on Amavasya.

We at Raipur Menopause Society also celebrated this auspicious festival with great enthusiasm, by launching a month long Plantation Drive by members of Raipur Menopause Society.

Motive behind Tree Plantation drive was to combat environmental issues like deforestation, soil erosion, desertification in semi-arid areas, global warming and enhancing the beauty and balance of our environment.

Our Slogan “Each One Plant One” was well received by all our members and with the purpose of Saving our Mother Earth more than 20 members planted trees in their own campuses, dressed in Traditional Green attires, with great zeal.
Raipur Menopause Society

- Raipur Menopause Society conducted an Awareness & Health Check up Camp at respective Private set-ups by President RMS Dr. Sushma Verma, Secretary RMS Dr. Ritu Jain, Past President RMS Dr. Manoj Chellani, Executive member Dr. Sarla Nihlani & RMS member Dr. Namrta Shirmor, from 1-5th August 2022, under the MHCC Activity of IMS.

- Common problems of midlife like hot flushes abnormal uterine bleeding, bone related problems were dealt. Screening for breast, ovarian and cervical cancer was discussed and done. Camp was attended by 58 patients.

- Hemoglobin, blood sugar estimation, Pap smear, VIA, VILLI, colposcopy was done for around 30 patients. Suspicious cases were directed for USG, Biopsy and further management.

- The awareness talk was given by Dr. Namrata Sirmour about cancer screening. The camp was interactive well appreciated by the patients and all queries regarding Menstruation, Hygiene, Diet - Nutrition Contraception and Cervical screening were answered by the respective Consultants. This camp was very useful for middle aged women.
Raipur Menopause society has organized a CME on a very pertinent topic related to menopause that is “Bone Health and Osteoporosis” on 28th August 22 at Hotel Babylon Inn, Jail Road, Raipur Chhattisgarh.

Dr. Abha Singh was the Guest of honour, Dr. Tripti Nagaria was the special Guest and DR. MEETA from Hyderabad was the special guest and Guest speaker for the CME.

President RMS Dr. Sushma Verma addressed the gathering, gave welcome note, and felicitated the Guest of honour and Special Guests, which was followed by lamp lightening.

Dr. Manoj Chellani past president of RMS gave lecture on Pathophysiology, Screening & Diagnosing Osteoporosis. The chairperson for the session were by Dr. Abha Singh, Dr. Meeta, Dr. Sarla Nihlani and Dr. Kiran Malhotra.

Dr. Meeta, past president, IMS gave a very informative talk on “Prevention and Management of Osteoporosis”. The session was chaired by Dr. Tripti Nagaria, Dr. Monika Agrawal, Dr. Monika Pathak and Dr. Jyoti Jaiswal. Lecture was very informative and interesting.

Dr. Ankur Gupta, Consultant Satbhawana Hospital, Raipur gave another lecture on “Support your Bone- An Orthopedic Perspective”. The session was chaired by Dr. Manoj Chellani & Dr. Sushma Verma.

In the post lunch session, there was a Panel discussion on Multidisciplinary approach on Prevention & Management of Postmenopausal Osteoporosis. Dr. Jyoti Jaiswal was the Moderator for the Panel discussion, Dr. Meeta was the Expert and our panelist were Dr. Preeti Agrawal, Dr. Sushma Verma, Dr. Lalita Rao, Dr. Shalini Jain, Dr. Vinita Singh, Dr. Ankur Gupta and Dr. Tanushree, physiotherapist.

It was a very informative panel discussion, which included doctors of other specialty who deal with postmenopausal women. Panelist and delegates actively participated in the session.

Lastly vote of thanks was given by Dr. Ritu Jain, secretary RMS

It was a very informative CME and a great learning experience, which was attended by 42 delegates.
Raipur Menopause Society in association with IMS Urogynec Committee and IMS Education Committee conducted the IMS Presidential Webinar Series on 6th September 2022, Tuesday at 6.00pm to 8.00 pm.

The Webinar was attended by 84+ delegates and was highly appreciated by the viewers.