The Gorakhpur Menopause Society is a strong & vibrant body of 58 members now.

We were 55 when last updated in Dec 2021 and three more members have joined in May 2022.

Our President is Dr. Surheeta Kareem from year 2021 – 2023.

We are a group of Gynaecologists, Orthopaedicians, Radiologists, Cardiologist, Endocrinologist, Physicians, Social worker and certain local authorities.

We do a lot of activities, right from academics, Social work, research and celebration of various days like Yoga day or world Osteoporosis day etc.

Our members have also taken the CIMP examination two cleared in the year 2021 -

Dr. Amrita Sarkari Jaipuriar
Dr. Amrita Saxena

And two in the year 2022 – Dr. Neeti Dogra
Dr. Vartika Saxena
April 2022

- A physical CME was conducted at Sarovar Portico, Gorakhpur
- It was attended by 32 members
- Topics were -
  1. Breast diseases
  2. Bladder pain syndrome
  3. Role of Ferrous carboxymaltose in Anaemia
- We had guest speakers from Lucknow
- Dr. Anurag Khare - specialist in Breast surgical Oncology
- Dr. Mayank Mohan Agrawal – Urologist
- Both were from Medenta Lucknow.
- Role of FCM in Anaemia was taken by me only
Activity: Month of April 2022

Invitation

Gorakhpur Menopause Society

Cordially Invites You For a CME
On
Saturday, 09th April, 2022 | 07:00pm onwards

Venue:- Nirvana Sarovar Portico AD mall, Vijay Chowk Cinema Road, Gorakhpur

Patron
Dr. Reena Srivastava
M.S( Obs & Gynaec)
Ex. Prof & HOD
Dept. (Gynaec & Obs)
B.R.D Medical College Gorakhpur

President
Dr. Surheeta Kareem
M.S( Obs & Gynaec)
Director
Star Hospital Pvt.Ltd Gorakhpur

Secretary
Dr. Amrita S. Jaipuria
M.S. DNB FICOG
Consultant Obs & Gyane

Speaker
Dr. Anurag Khare
Associate Director
Breast Surgical Oncology
Medanta Cancer Institute Lucknow

Chairperson
Dr. Mahendra Harbola
M.S. (Surgery)

Dr. Harshwardhan Rai
M.S. (Surgery)

Topic
Breast Diseases

Bladder pain Syndrome
Dr. Mayank Mohan Agarwal
Associate Director
Urology and Kidney Transplant
Medanta Kidney and Urology Lucknow

Dr. Dileepmantri Tripathi
M.Ch. (Urology)

Dr. Devershi Srivastava
M.Ch. (Urology)

Role of FCM in Anaemia
Dr. Amrita S. Jaipuria
M.S. DNB FICOG
Consultant Obs & Gyane

Emcure Ferium x Galact
| Clinical Evidence for FCM in PPA |
|---------------------|-----------------|-----------------|-----------------|
| Example 1:         | Example 2:       | Example 3:       |
| Description         | Value            | Description      | Value            |
| Date                | Status           | Date             | Status           |
| Location            |                | Location         |                |
On 1st May 2022

- A CME was conducted at Hotel Clarks Grand, Gorakhpur
- Topic was “PID in elderly Patients & role of Plakonta injection”
- Speaker was our very dynamic and learned member
  Dr. Upma Jaiswal
- And Chair Persons were Dr. Pratibha Gupta
  Dr. Tanu Verma
- It was a labour day.
- Considering the effort of all the 22 members who attended this CME all the attendees were gifted plants with beautiful planters.
Activity: Month of May 2022

Gorakhpur Menopause Society

Cordially invites you for a CME

on

PID in Elderly Patients & Role of Plakonta Inj

MAY 1 2022
4.00 PM to 5.30 PM

Venue:
Hotel Clarks Grand, Civil Lines, Gorakhpur

Chairperson
Dr. Pratibha Gupta
M.S

Speaker
Dr. Upma Jaiswal
M.S

Chairperson
Dr. Tanu Verma
M.S

Patron
Dr. Reena Srivastava (M.S)
Ex HGD BRD Medical College

President
Dr. S. Kaseem (M.S)
Director - Star Hospital

Secretary
Dr. Amrita S. Jaipuria (M.S)

An Academic Initiative by
PLAKONTA INJECTION

Supported by
SOLARIS | LUMINAS
June 2022 was a great month

- An amazing conference was organized at Vadodara, Gujrat by Dr. Binal Shah and team under the able leadership of Dr. Ambuja and Sudha.

- Three of us from Gorakhpur attended this mega event.
  - Dr. Reena Srivastava
  - My self - Dr. Amrita Sarkari Jaipuriar
  - & Dr. Neeti Dogra

- We participated in the Ramp walk of ‘weaves of India’
- Attended the convocation – of CIMP

- Dr. Reena Srivastava chaired a session of guest lecture on
  - Transdermal Estrogen
  - Sleep disorders
  - Recurrent UTI

- Dr. Amrita Sarkari Jaipuriar chaired a Session of Guest lecture on
  - 1 – MHT Newer concept
  - 2 - Brain in women vs Men

- We enjoyed the great food and hospitality and a trip to Statue of Unity.
• **On 19th June – 3rd Sunday of the month**
• 10 members participated in the Sunday Quiz and Dr. Chhavi Goyal Sarkari was the winner.
• These are the results by Dr. Neelam Singh
  Our National Quiz Master.
<table>
<thead>
<tr>
<th>S.No.</th>
<th>Name of Society</th>
<th>Name of Winner</th>
<th>Total No. of Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Gorakhpur M.S.</td>
<td>Dr. Chhavi Goyal Surkhi</td>
<td>10</td>
</tr>
<tr>
<td>2.</td>
<td>Jaipur M.S</td>
<td>Dr. Sharmila Jalewa</td>
<td>11</td>
</tr>
<tr>
<td>3.</td>
<td>Lucknow M.S</td>
<td>Dr. Parul Gupta</td>
<td>2</td>
</tr>
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<td>4.</td>
<td>Kanpur M.S</td>
<td>Dr. Anita Gautam</td>
<td>6</td>
</tr>
<tr>
<td>5.</td>
<td>Hyderabad M.S</td>
<td>Dr. Reeta Agarwal</td>
<td>9</td>
</tr>
<tr>
<td>6.</td>
<td>Vadodara M.S</td>
<td>Dr. Sapna Kumar</td>
<td>9</td>
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<td>7.</td>
<td>Bharuch M.S</td>
<td>Dr. Chintan Thakbar</td>
<td>7</td>
</tr>
<tr>
<td>8.</td>
<td>Bhopal M.S</td>
<td>Dr. Supriya Majee</td>
<td>6</td>
</tr>
<tr>
<td>9.</td>
<td>Rajkot M.S</td>
<td>Dr. Vina Rajyaguru</td>
<td>7</td>
</tr>
<tr>
<td>10.</td>
<td>Patiala M.C</td>
<td>Dr. Satinderpal Kaur</td>
<td>7</td>
</tr>
<tr>
<td>11.</td>
<td>Chandigarh M.S</td>
<td>Dr. Anupam</td>
<td></td>
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</tbody>
</table>
Gorakhpur Menopause Society
Winner of the Quiz: 19.06.2022
Dr. Chhavi Goyal Sarkari
9/10 correct answers
Total 10 participants.
On 21st June 2022
- The International Yoga Day – the members activity participated in the YOGA Session.
- From 7am -8:50 am followed by healthy breakfast.
- On the same day with the help of the pathkind lab we organized a Health camp
- For menopausal ladies and did a few tests
  - As LBC
  - S. TSH
  - CBC
  - Lipid Profile – on concession
  - & BMD – free of cost
- We also gave them suggestion regarding proper diet and exercise.

26th June 2022
- Today we have organized a CME with the Gorakhpur Obs and Gynae Society
Bone Densitometry Report

Clinic/Hospital: 
Name: Seloyina
Gender: F
Age: 57
Height: 
Weight: 

Referring Doctor: 

Date: 21-06-22

T-score:

WHO Criteria

T-score: -2.0

Normal
Osteopenic -1 to -2.4
Osteoporotic -2.5

Please note that patient with T-Score less than -1 should undertake treatment as per advise of physician.

Comments:

Signature of the doctor:
Gorakhpur Obstetrics & Gynaecological Society &
Gorakhpur Menopause Society

Cordially invite you for a **CME**

**Topic 1: Medical Management of Male Infertility**

**Speaker:** Dr. Ashish Kale

**Chairperson**

Dr. Madhu Gulati  Dr. Savita Agarwal  Dr. Sugandha Bharti

**Topic 2: Decision Making in Treatment of Uterine Fibroids in Young and Peri-menopausal Women**

**Speaker:** Dr. Manish Machave

**Chairperson**

Dr. Reena Srivastava  Dr. Sufia Abbasi  Dr. Nishat Abdi

**Topic 3: Modern Protocols of Letrozole For Ovulation Induction**

**Speaker:** Dr. Shikha Mukhiya

**Chairperson**

Dr. Alpana Agarwal  Dr. Archana Gupta

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**Dr. Amrita Jaipuria**
President - GOGS

**Dr. Aruna Chhaparia**
Secretary - GOGS

**Dr. Reena Srivastava**
Patron - GMS

**Dr. Surheeta Kareem**
President - GMS

**Dr. Amrita Jaipuria**
Secretary - GMS

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**Sunday 26th JUNE ’22**
6.00 pm to 9:00 pm

Hotel Radisson Blu
Mithadijan, Gorakhpur, Uttar Pradesh

CME followed by Dinner

Markers of

Fibronorm  Lineator  MET-PCOS CARE
• This Meeting was attended by more than seventy members.
• It was a very successful CME
• Dr. Manish could not come & the talk on The Medical Management of Myoma in elderly women was taken up by Dr. Amrita Sarkari Jaipuriar
- Cervical cancer screening & awareness drive was started in the end of July & continued up to 1st week of August.
- We tied up Pathkind & they did LBC + HPV testing at Rs- 1200 only.
- 15 Patients were screened in OPD at Garg hospital.
- Awareness regarding cervical cancer was given to all the patients and relatives attending the OPD.
- Awareness regarding HPV vaccine was also given.
- A live operated workshop at Star hospital on 21st August 2022.
- Operative Faculty: Dr. P.C. Mahaptra
- He guided us regarding prevention of vault prolapse after vaginal hysterectomy.
- Also gave a talk on Mistakes as a Doctor- His own journey
8th Oct 2022 CME on MHT
Speaker: Dr. Reeta Singh
Chairperson: Dr. Aruna Agarwal
Dr. Pratima Pandey

11th Oct 2022
Presidential Webinar on abnormal uterine bleeding at perimenopause