IMS Workshop in Paris, November 9, 2012

A one-day workshop was organized by the IMS in Paris, aiming at updating the 2010 recommendations on the use of HRT. This small-scale, closed meeting was attended by 80 persons, representing many national and regional menopause societies, as well as several other major societies, such as the American Society for Reproductive Medicine, the International Osteoporosis Foundation and The Endocrine Society. A secondary goal was to use this opportunity to formulate a very short, general consensus statement on HRT, which will be endorsed by the participating societies. On the whole, the experts agreed on most of the discussed points, but issues related to breast cancer were debated at the forum; therefore, the final wording is still to be formulated and approved by the various parties. The new IMS recommendations are scheduled to be published in the February 2013 edition of Climacteric.

A meeting with Indian Menopause Society also held on 8th Nov. 2012 for forthcoming Regional International Congress in Mumbai(6-8th December 2013). It was attended by: Tobie de Villiers President, IMS International, Dr. Meeta Singh President IMS India, Dr. Duru Shah Board Member, Dr. Sunila Khandelwal, Representative IMS India toCAMS, Rod Baber, Amos Pines. The agenda was to confirm the date, venue, outline the scientific programme and issues related to budget, with clarification of the queries. Board members appreciated the presentation made by Dr. Duru Shah the Organizing Chairman of the congress for her great vision and enthusiasm.

As CAMS Representative Dr. Sunila Khandelwal submitted the compiled report of Indian Menopause society on theme based activities for World Menopause Month 2012 as per directives received from International Menopause Society for raising awareness. In India, as per plan of President Dr Meeta Singh, 37 local chapters created an inspiring program of CME accredited meetings for medical professionals and public awareness events throughout India, conveying a uniform message to celebrate World Menopause Day. Press releases were issued by Dr Meeta, Dr Sunila and Dr Duru Shah. TV shows and Radio talks were given by the GCM, and six Urban and Rural health Camps, including a Mobile surgical Camp, were conducted; 15 CMEs and 14 Public awareness Programs, two quizzes and an innovative school program were organized in addition to three cultural programs of dance, exercise and music for women. They were extensively covered by the print and electronic media.

This report was included in” our Menopause world” (December 2012 – e-publication of International Menopause Society)& received a great applause!

Report on the IMS/CAMS Session at FIGO (ROME)

Through the same issue, the proud news of FIGO Distinguished Merit Award for Dr Duru Shah was highlighted. International Menopause Society sent sincere congratulations to Dr Duru Shah, Consultant Obstetrician & Gynecologist in Mumbai, India, and...
member of the IMS Board: at the glittering Opening Ceremony of the World Congress of The International Federation of Gynecology & Obstetrics (FIGO) held in Rome on the 7th October 2012, she was honored with the Distinguished Merit Award which is given every 3 years to three gynecologists who have done outstanding work towards women’s health across the world. She was the first Indian to receive this very prestigious award from FIGO. Over the last two decades, there have been only 20 other recipients of this award globally. Dr Shah was requested by FIGO to give the acceptance speech on behalf of all the winners.

October 11th 2012, during the XX FIGO World Congress of Gynecology and Obstetrics, in Rome, CAMS organized a session on Impact of menopause on women’s health: a survey from different areas of the world. The session was chaired by Svetlana Vujovic from Belgrade, Serbia and Andrea Genazzani from Pisa, Italy, as Chairman of CAMS. Speakers were Manuel Parra (Chile), Ivaldo da Silva (Brazil), Tom Paszkowski (Poland), Dr. Meeta Singh (President, IMS India) and Sarah Gray (UK). The different speakers presented the impact of menopause in their area of the world, the strategies that the national menopause societies have undertaken to raise the awareness of general practitioners, gynecologists and, most importantly, the general population on the possibilities for menopausal women to develop preventive projects for their health, and to be treated for their symptoms. All clarified the specific needs of the various populations and the programs developed in the various countries. The presentations were followed by Interactive Session.

I appreciate the active commentaries done by Dr. Maninder Ahuja and Dr. Duru Shah on another e-publication menopause live (Sept. 2012) on postmenopausal endometriosis – a new dimension.

I am sure the old members must have renewed the International Membership. This will help you to avail a discounted Registration to attend the 14th congress of the International Menopause Society to be held in Cancun, Mexico, 1-4 May 2014. Also if you are planning to come to Mexico. Please write to me at: sunila.khandelwal@gmail.com.

The theme of the Cancun Congress is “Advancing global health for women at midlife” So please start working on the paper & poster presentation based on the theme. For more information please visit website - www.imsociety.org you can also enjoy the updated Indian Menopause Society profile on CAMS section of home page.

Looking forward for your active participation for making our visibility strong at International level.