The following projects were done under the tenure of Dr. Meeta Singh as the founder chair of the Research Committee

Project 1 - Aim: To collect data on different aspects of menopausal health in Indian women. One was to ascertain the age at which Indian women undergo menopause, to understand the health status and needs, attitude and awareness towards menopause and hormone therapy amongst a cross section of menopausal women in India.

Design: An observational cross sectional study was conducted on 1721 women recruited from 10 clinical centers run by Gynecologists across India.

Acknowledgement

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Source of funding:

The study was funded by the Indian Menopause Society.

The results of one part of the study was published in the Climacteric, Singh M. Early age of natural menopause in India, a biological marker for early preventive health programs. Climacteric 2012;15:581 - 6.

Some aspects of this project were presented at National and international Fora.

Project 2 - Aim: Effect of LycoRed for cardio-protection and bone health of menopausal women: a parallel group placebo controlled double-blind superiority randomized control trial.

Design: Interventional, Preventive, Randomized Double Blind

(Subject, Caregiver, Investigator, Outcome assessor), Placebo controlled, parallel, Efficacy study


Sent for publication

Funding -- Jagsonpal

Project 3

Attitude towards sexuality in the perimenopausal and postmenopausal women in India --- For publication.

Meeta, Majumdar S, Maninder Ahuja, Neelam Agarwal, Shah JM, Joshi SA, Sharma S, Roza Olayi

Funding: Organon