

## **Report of NAMS Meeting 2008**

Dr. Saroj Srivastava , Vice President , IMS attended the North American Menopause Society's 19<sup>th</sup> Annual Meeting at Orlando, Florida from September 24-27, 2008. She was also invited to NICOMO meet there as the Representative of the Indian Menopause Society.

### **Highlights of the Meet**

The conference discussion was focussed on Osteoporosis ( The significance of Fracture risk), Psychosexual problems, the Vaso Motor Syndrome ( Menopause is not the only cause of hot flashes) and it highlighted the basic difference between aging and menopause.

The exhibition had displayed several posters and the research papers. The individual studies were simple, mostly the size of study was small, but the results were relevant. The products which were highlighted were mainly Estrogen and progesterone. Estrogens seem to be getting revived though carefully, slowly and steadily.

The conference was very informative and fruitful as usual. The guidelines were clear, precise and evidence based. The knowledge shared was gratifying.

Dr. Saroj Srivastava has received the certificate of " CREDENTIALLED NAMS MENOPAUSE PRACTITIONER".