

IMS International Congress

The prestigious IMS International Congress was held from 18 -20 April 2008 at Hotel Intercontinental Eros in New- Delhi. This was the First International Congress organized by the Indian Menopause Society to bring home to our members the latest international opinion on menopause management. It was attended by about 300 delegates including delegates from Pakistan, Bangla Desh, New-Zealand, USA and UK, and was a resounding success.



The International faculty of 18 stalwarts came from countries far and wide. The Presidents of International Menopause Society, British Menopause Society and Pakistan Menopause Society were present as also the Secretary Generals of the International Menopause Society and Bangladesh Menopause Society. Besides this, there were representatives from the North American Menopause Society, Australasian Menopause Society and from other renowned centres in the US, UK and Europe.



The Inaugural ceremony was conducted at the India Islamic and Cultural Centre. The International faculty was welcomed in the Indian tradition with garlands and 'tikkas'. The Chief Guest was Professor Amos Pines, the President of the International Menopause Society and the Guest of Honour was Dr. Narendra Malhotra, President of FOGSI. Prof. Pines said that he hoped this meeting would be the beginning of a long and fruitful relationship of the International Menopause Society with the Indian Menopause Society. Dr Malhotra reiterated the stand FOGSI was now taking in introducing geriatric medicine to its members. He also announced that 18th Oct. would be celebrated as FOGSI Menopause day. The ceremony was followed by a Kathak dance performance which was appreciated greatly by one and all.

The National faculty consisted of speakers of repute from different parts of the country who dealt with all aspects of the care of women over 35. A wide range of diverse issues such as Epidemiology, Infertility, Exercise and Yoga, Oncology, Cardiovascular Health, Metabolic Syndrome, Urogynaecology, Pelvic Surgery, Androgen Insufficiency and Osteoporosis were dealt with. In addition, there were detailed discussions on the Menopausal Transition, Hormone Therapy and Alternative Therapy.



The highlights of the Conference were the International Menopause Society Symposium on Cardiovascular Disease in Women that gave food for thought to our delegates, the Indian Menopause Society Symposium on Menopause: The Indian Scenario which sent ripples even amongst the International faculty! The much awaited session on Guidelines at the end of the third day of the conference, where recommendations were given by the International Menopause Society, North American Menopause Society, Asia Pacific Menopause Federation and Indian Menopause Society was very well attended and proved useful for one and all.

The Congress ended with an inter-active session where a multi-disciplinary panel of experts from around the globe answered questions from the delegates. Our international guests sat through the valedictory session with the other delegates and gave very favorable comments on the high academic standard of the conference. The delegates also felt that it was overall, a very satisfying experience.

