

## Bharuch Chapter

### Chapter Secretary - Dr. Bhavana Seth

#### 8th March 2011

Bharuch celebrated International Women's Day by arranging "RUN FOR AWARENESS" (2.5kM) and various sports activity for women of Bharuch district. 75 women ran the race and more than 250 women participated in various games. The program was appreciated by all. then there was a lecture by renowned orthopaedic Surgeon. "CARE OF BONES AND JOINTS". I am sending you a CD of the program that appeared in our all local channels.



**15th May 2011** IMS-Bharuch Chapter had invited renowned speaker- Dr. Purnima Nadkarni to speak on "FIT AFTER 40" for women above 35. More than 100 women, mostly with spouses attended the function. There was lots of interaction. BMD was done and all deserving were given one month's calcium tablets free of charge.

