

IMS CHANDIGARH CHAPTER - ACTIVITIES July to December 2011

Chapter secretary: Dr. Neelam Aggarwal.

- 1.. 27.8.2011-** Hotel Park View, Sector -24, Chandigarh. Lecture delivered by Dr. Nirja Chawla on “**Dysfunctional Uterine Bleeding**” .
- 2. 22.10.2011 - Hotel Aroma, Sector -22,** Chandigarh. Lecture delivered by Dr. Shalini Gainer on “**Abnormal Uterine Bleeding**”

October 18- World Menopause Day

A press conference was held on 18th October, 2011 at Press Club, Sector – 27, Chandigarh. The concept of menopause day was explained and current year theme – Hot flushes + Night sweats management was highlighted. Public awareness campaigns were highlighted. Various topics discussed were menopause overview, vasomotor symptoms, osteoporosis, cardiovascular disease, dyslipidaemias, concept of CLUB 35. The press conference was organized by Dr. Neelam Aggarwal, Dr. Nirja Chawla, Dr. Ritambra Narang, Dr. Seema Sharma and the endocrinologist Dr. Sanjay Bhadada. The coverage was done in various newspapers and SITI Channel for 24 hours. Images attached.

October 19-Press Conference on Osteoporosis

A press conference was organized at PGIMER, Chandigarh on 19th October, 2011 on Osteoporosis. Various aspects of Osteoporosis were highlighted by two endocrinologists; Dr. Anil Bhansali and Dr. Sanjay Bhadada, Orthopaedician; Dr. R.K. Sen and IMS Chandigarh Secretary; Dr. Neelam Aggarwal. The coverage was widely circulated in various newspapers and also telecasted by Day & Night and PTC Channel.

October 20 – Public Forum on World Osteoporosis Day.

A Public lecture on Osteoporosis was arranged at new OPD, PGIMER, Chandigarh. IMS secretary Dr. Neelam Aggarwal and executive member Dr. Sanjay Bhadada (Endocrinologist) gave talks, power point presentation on Osteoporosis, Vitamin D & Calcium needs were shown 100 people attended and also Vitamin D sachets were distributed free of cost.

October 25 – Academic IMS Meeting and quiz

An academic meeting was organized by IMS Chandigarh Chapter at Hotel Aroma, Sec 22, Chandigarh on 25th October, 2011 from 3.00 – 5.00 pm. Quiz on Menopause was held and Dr. Kusuma, Junior resident from Dept. of Obst. & Gynae, PGIMER was announced the winner for further participation at the National level at Faridabad in February 2012. After the quiz, a guest

lecture on “Management of Abnormal Uterine Bleeding in different age groups” was delivered by Dr. Shalini Gainer, Asstt. Prof. at OBGYN, PGIMER, Chandigarh. It was attended by 70 gynecologists with active interaction.



