18th World Congress on Menopause

Visiting Lisbon Sintra Portugal & Barcelona Spain

Call Ravi Koul 9920785524 to book or enquire
We understand the congress is very important, we have also taken steps to see that your spouse or accompanying person are also taken care. Presenting 2 in 1 plan for a win-win situation for both and delight to our members 😊

Weather

October, is autumn month in Portugal / Spain, with average temperature fluctuating between 20°C and 15°C temperature and one of the best weather to Visit Both. Rains – while it can rain anytime in Europe please expect rainy drizzles

BOOKING PROCEDURE

- There are Maximum 35 seats only booking will be first come first serve basis and confirmed only after receiving deposit of Rs 35000 per person.

- Booking is open now airfare is valid only for 20 seats EX Delhi and 15 Seat EX Mumbai Total 35 seats till 24 June Only later than 24 June airfare might increase or might not and we will charge likewise.

- Seats preference will be given to Doctors travelling for conference and their spouse or 1 accompanying person additional members or family members are ok if seats left.

- Payment can be done by Online Transfer or any UPI enabled Phone pe Paytm Google pay both options as below

- If we don’t get desired minimum 35 Participants the cost will vary a bit but doctors will definitely travel.

- (Airfare is Valid for next 15 days if booked before 27 June)

HOW TO BOOK BOOKING POLICY

- Wats App 9920785524 Deposit Slip of Rs 35000 per person along with 1st and Last page passport copy and Pan card photo and Please Mention Portugal Menopause conference and flight Hub Mumbai or Delhi

- After payments and above received We will send you a booking form only sign and add your contact emergency details and we will book to airline and send you confirmation.

FOR RTGS / NEFT Online Bank transfer

A/C Name: SMART TRAVEL SOLUTIONS

Bank Name: HDFC Bank Ltd.
Branch: Hiranandani Gardens, Powai
A/C No.: 02392560002190
Bank IFSC: HDFC0000239
OR

UPI ENABLED PAYMENT BY PHONE PE / BHIM UPI / PAY TM QR CODE given as below
PORTUGAL SPAIN DELIGHTS  7 NIGHTS / 08 DAYS

25 OCTOBER DAY 1 : ARRIVE LISBON  (D)

Depart India. Arrive Lisbon in night and private transfer from the airport in Lisbon to the hotel. Lunch on flight for Ex Delhi arriving later afternoon /night will have packed dinner and EX Mumbai will arrive Afternoon.

26 OCT DAY 2 : LISBON – CONFERENCE CENTRE  (B,L, D)

After breakfast

0900 Am Rossio square, Jeronimo’s Monastery, Belem Tower, Monument to the discoveries

We begin our tour at Lisbon's oldest quarter. Here, the cobblestone streets will welcome you as old shopkeepers lean out their windows and breathe in the fresh sea air. Snap some photos of the quaint buildings before moving on to Rossio Square, the historic center of Lisbon. We'll head towards the Jeronimo’s Monastery (closed Mondays), where you can have a look at the extravagant Manueline architectural style that came to define this city. You'll also experience their wonders in the Belem area, with a stop at the Belem Tower and Monument to the Discoveries.

1300 Indian lunch

Conference

1500 hrs Opening ceremony and planery lecture and 1 symposium

Leave conference centre for Indian Lunch at Indian restaurant

1830 Pick up and transfer to Indian restaurant

1900 Indian dinner

27 OCTOBER DAY 3  LISBON  (B,L,D)

Conference Lecture start at 0840 and 0915. Same lecture at 0915 because coach restrictions we suggest to start maximum 0830 from hotel for 0915 lecture

1645 last lecture

0830 am transfer to conference center
1400 Packed Indian veg Lunch delivered at the conference center
1500 Leave conference center for visiting Cristo rey the Sanctuary of Christ the King is a Catholic monument dedicated to the Sacred Heart of Jesus Christ overlooking the city of Lisbon situated in Almada, in Portugal. It was inspired by the Christ the Redeemer statue of Rio de Janeiro, in Brazil. We take a lift and have the best views of the city. Later visit Alafama old quarter and Bairro alto the night life area during the day.

1900 Indian dinner
1945 Leave for Hotel
2000 coach finish at hotel
28 October Day 4 Lisbon (B,L,D)

Conference

Lecture start at 0840 and 0915. Same lecture at 0915 because coach restrictions we suggest to start maximum 0830 from hotel for 0915 lecture

1645 last lecture say finish by 1745.

A Tour can be arranged in the evening if required depending on your schedule

0830 am transfer to conference center
1400 Packed Indian lunch at conference center
1500 All Leave conference center for cruise on Tagus River cruise 2 Hours
1900 Indian dinner
1945 Leave for Hotel
2030 coach finish at hotel

29 October Day 5 Lisbon –Sintra –Barcelona (B,L,D)

Breakfast and check out half day trip visiting Sintra called the "most beautiful in the world." Come experience Sintra's allure, which includes dramatic palaces, the fantastic Quinta da Regaleira and waves crashing on continental Europe's western tip.

Guided tour through its beautiful mountains and fairytale landscapes. During your hiking and exploration of Sintra, you might see Palace, where you can wander around the UNESCO World Heritage Site that was commissioned by Portugal's King Fernando II, or the Castle on the Moors, a 9th-century fortification located high in the Sintra mountains, which you can reach by bus or hiking, for incredible views of the city and its surroundings. Lunch and transfer to airport for flight to Barcelona

On arrival Barcelona transfer to Indian dinner and check in.

30 OCT: Barcelona Spain (B,L,D)

After breakfast Guided city tour of Barcelona Today we explore Barcelona city, we visit UNESCO World Heritage site Sagrada Familia Cathedral (from outside) - Antoni Gaudi's unfinished masterpiece, expected to be completed in 2026 after almost 142 years of construction. Then drive around to Montjuic hill which gives us a panoramic views. Later we see The 1992 Olympic stadium, Statue of Christopher Columbus and Colourful La Ramblas - the most famous street in Barcelona..Indian lunch

Visit Poble espanyol Spanish village from inside for shopping and visit this charming open-air museum that represents the most authentic and beautiful buildings and monuments of some of Spain’s most magnificent villages and towns. Indian dinner
31OCT: BARCELONA SPAIN VISIT MONTSERRAT (B,L,D)

Experience an unforgettable guided group tour to Montserrat, Catalonia's most famous mountain range. Take in the beauty of its natural rolling landscape and discover the history and traditions of its medieval monastery. After your bus journey from Barcelona drive up to the monastery and admire the beautiful nature and iconic multi-peaked mountain range of Montserrat. Once at the monastery, your guide will take you on a walking tour of the historical center of the complex. Learn about the rich history of the Santa Maria de Montserrat Abbey, an 11th-century monastery that still functions to this day, with over 70 monks. Entry to the monastery is included in the tour price. Use the allotted free time to wander freely and visit the famous Black Madonna and see paintings by Picasso, El Greco, and Dali at the Montserrat Museum. During your free time, you will also ride the funicular train up the side of the mountain to get even better viewpoints of the monastery.

Return to Barcelona Evening free at Ramblas square Indian dinner

01 NOV: BARCELONA SPAIN (B)

Breakfast and transfer to airport for flight back to India

<table>
<thead>
<tr>
<th>Tour cost :</th>
<th>Per Person cost in Twin sharing Minimum 30-35 Adults</th>
</tr>
</thead>
<tbody>
<tr>
<td>EX DELHI</td>
<td>(Total Rs 1,72,900)</td>
</tr>
<tr>
<td>EX MUMBAI</td>
<td>(Total Rs 1,82,900)</td>
</tr>
</tbody>
</table>

Single room supplement : Rs 42000

1 Euro calculated @ Rs 82.50 as on 11/06/2022 if the exchange rate goes down the cost will go down if the exchange rate goes up the cost will go up. The exchange rates will be determined by forex rates and not interbank bank rates.

Gst 5% Will be extra on total cost – (TCS 5% if applicable)

Includes

- Airfare in economy class
- Visa fees as on 13/06/2022
- Flight economy class Lisbon Barcelona with 1Bag 15 kgs and meal
- Accommodation for 7 Nights / 08days 4 star hotels
- Sightseeing as mentioned in the itinerary with entrance fees
- Daily Buffet breakfast and Indian dinner
- 6 Lunch
- Tips to the driver
- 1 Tour leader and services of local guide during sightseeing tours
- Medical Insurance for 10 days below 59 years age above 59 the cost is extra

Exclusions

- Mini bar
- Phone calls
Porterage at hotels
Anything not mentioned in the tour cost Includes column
Any RT pct antigen test cost
Seat booking on flights

Visa

If Biometrics given by you earlier for any Schengen visa, do not require personal presence but it is valid only for a period of 59 months from the date when biometrics were collected for first time. It is very important to inform the correct date of your biometrics or the visa may be refused.

If Biometrics is required personal presence at city of your choice from below. Biometrics location of visa centers is as below. We will assist with the documentation and appointment.

Visa fees is non refundable and we do not guarantee success of visa however for doctors and family there is hardly any rejection of visa Portugal.

VFS Centers in India

<table>
<thead>
<tr>
<th>Location</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ahmedabad</td>
<td>Thursday</td>
<td>09:00 - 14:00</td>
</tr>
<tr>
<td>Bengaluru</td>
<td>Monday To Friday</td>
<td>09:00 - 13:00</td>
</tr>
<tr>
<td>Chandigarh</td>
<td>Temporarily Closed</td>
<td></td>
</tr>
<tr>
<td>Chennai</td>
<td>Monday To Friday</td>
<td>09:00 - 13:00</td>
</tr>
<tr>
<td>Jalandhar</td>
<td>Temporarily Closed</td>
<td></td>
</tr>
<tr>
<td>Kolkata</td>
<td>Monday To Friday</td>
<td>09:00 - 14:00</td>
</tr>
<tr>
<td>Mumbai</td>
<td>Monday To Friday</td>
<td>10:00 - 14:00</td>
</tr>
<tr>
<td>New Delhi</td>
<td>Monday To Friday</td>
<td>09:00 - 14:00</td>
</tr>
<tr>
<td>Pune</td>
<td>Monday To Friday</td>
<td>08:00 - 1400</td>
</tr>
</tbody>
</table>

Fuel surcharge
Kindly note the prices taxes of airlines hotel will change in case of fuel prices revision as fuel surcharge charged by airline or transport when the government of India or Portugal announces the same the same will be collected extra.

**Cancellation policy** : Air tickets and hotel deposit is to be given to airlines to book, below cancellation policy will apply which is non-refundable.

- 90 days or Immediate After booking 25% of tour cost which is deposit to be paid
- 80-61 days 45%
- 60-30 days 65%
- 30-15 days 75%
- 15-00 days 100%

Cancellation should be in writing. All refunds are subject to Rs 2000 service charge per person and GST.

**Documentation on Tours**

a. A guest must have a valid passport for booking an international tour. As per the circular issued under RBI regulations, submission of PAN for domestic as well as international tours is mandatory. A guest must also submit all the documents as per the rules and guidelines issued by the respective visa consulate/embassy.

b. The passport should be valid 6 Months from the Intended arrival date back to India so according to our group dates should be valid till 04 May 2023.

c. If visas / air ticket not applied thru us It shall be the sole responsibility of the guest to hold valid travel documents and statutory clearances such as passports, visas, confirmed air tickets, insurance, any medical or legal certificates etc. to travel on the tour.

d. If the guest does not possess the documents stated by the authorities or fail to submit within stipulated time, then the booking will be cancelled and cancellation charges will be applied.

**Passport:**

a. For travelling abroad, all guests including children and infants must be in possession of a machine-readable passport valid for minimum of 180 days from their tour return date, along with the applicable visas. Guest must check all the details of their passport for accuracy like name/address/validity/expiration date/blank pages for visas etc. Guests booking Europe tour should ensure that the passport validity is for a maximum of 10 years. Old passports with 20 years’ validity and handwritten passports are not accepted. Guest should ensure that the passports are well maintained, its pages are serially numbered and not damaged/tampered/scribbled/stapled/torn etc.

b. If any passport related issue leads to tour cancellation, then the guest is liable to pay applicable cancellation charges. For few tours, STS as a facilitator collects guest’s passport and submits to various private entities or consulates or embassy. STS does not hold responsibility and is not liable to pay compensation/refund/claim if the passport gets lost or damaged during this process as it does not have direct/indirect control on these authorities and their operations.
Cancellation due to Force Majeure Policy for Government lockdown

Smart Travel Solutions have introduced “Trav Protect” Medical Insurance is included which covers part of cancellation of Upto USD 1000, terms and conditions of Insurance company applies. Valid proof will be required to claim the same. The terms and conditions of the Insurance company applies which is detailed below.

We have taken these steps to safe guard our Guests / members interest travelling with us.

There are 2 types of cancellation 1) cancelled for personal reasons or change of mind cancellation will apply as per cancellation policy 2) cancelled due to force majeure / health or family health challenge which is covered by our Trav Protect scheme.

Cancellation policy will be applied as per given in terms and conditions however Trav protect will cover part of the same but insurance and visa can be applied only 2/3 months prior to departure.

While there is no indication of any lockdown In case of Imposed Lockdown or Force Majeure like war as the first option dates will be changed. In case date change is not possible airlines and hotel refund the cost after charging a service fee or ticket cancellation charge. In case of change of dates The cost, we will talk to our suppliers and will try to retain same price however travel will be in similar month or season and not high season. If there is change of airfares by airline or increase in taxes the same will be charged for the new changed dates.

In case of Refunds, it can take upto 1 and we will give the refund subject to our service charges of Rs 2000.

Under force Majeure Situation like war, natural disaster changes we reserve the right to Cancel, partly cancel or reschedule the tour considering safety of the Guests. After the tour is started no refunds or claims due can be entertained for any component.

we reserve the right to reschedule the tour and / or change the itinerary due to uncontrollable factors such as change in airline schedules, suspension or discontinuation of services by suppliers, major event at the visiting destinations affecting route of transport etc. No refund is applicable in uncontrollable situations and request all guest to abide by the new schedule / Itinerary.

Note Important

1) The cost like Visa fees, Land arrangements hotel is based on current exchange rate mentioned. There will be changes if exchange rate is less tour cost will be less and if more tour cost will be more.

2) Visa fees is included as per 13/06/2022 and subject to change due to exchange rate or policy of the consulate
Terms and conditions of Insurance company under TRAV PROTECT subject to Insurance company rules if changed. The cover is only in case of Illness / Hospitalisation etc and not if you cancel the tour for personal reasons.

The Company shall compensate the Insured, subject to limit of Sum Insured or sublimit shown in the policy certificate, if a trip is cancelled or interrupted due to any of the following reasons:

1. Unforeseen disease, illness, injury, or death of the Insured. Disease, injury or illness must be so disabling as to reasonably cause a trip to be cancelled or interrupted as supported by medical records and opinion acceptable to the Company.

2. Compulsory quarantine or prevention of travel by Government of India

3. Inclement weather conditions causing cancellation or interruption of the trip with due authentication by a letter from the common carrier or this information is available from a reliable source in the public domain through any form of communication;

4. A Deductible of an amount USD 100/ specified in the Policy Certificate shall be separately applicable for each and every claim made under this Benefit.

"Inclement weather“ means includes Earthquake, Lighting, Storm, Typhoon, Hurricane, Landslide and rockslide, Tsunami, Volcano Eruption, Floods and Cyclone. Trip Cancellation Benefits: Trips that are cancelled before the scheduled departure due to the reasons mentioned above. Company will reimburse for the non-refundable portion of the pre-paid lodging cost and/or the ticket cancellation charges, Visa charges, any sightseeing booked, cruise ticket, events, which are paid in advance or contracted to be paid by insured/insured

The insurance or claim can only be done 2 Months Prior to departure and only non-refundable component or cancellation component will be adjusted deemed fit with actual documents proof submitted.