

- Dr. Ruby Bhatia prof. & HOD deptt Obs & Gynae MMIMSR organized monthly Varisht Mahilla Swasth Shivr, under the patronage of honourable Chairman Sh. Tarsem garg respected principal, vice principal , M.S , CEO sir MMIMSR & under aegis of Indian Menopausal Society, MHCC.A perimenopausal health camp was conducted on 10th april 2022 from 10am to 2 pm in Gurudwara sahib, jansui village, ambala district.

Talk on:-

- a) Lecture on safe motherhood - By Dr. Ruby Bhatia Prof & HOD, MMIMSR.
- b)) Diet & Exercise in Menopause – Dr. A.S Dhillon Prof & Unit chief OBG, MMIMSR.
- c) Awareness of cervical cancer, Pap Smear Screening - Dr. Tajinder kaur prof. & unit chief , OBG, MMIMSR.



Patiala Menopause Society

- Under the patronage of Honourable Chancellor Sh. Tarsem Garg, Respected Principal, Vice Principal, M.S and CEO sir, Deptt of Obs & Gynae , MMIMSR , MMDU , NAAC Accredited A++ Mullana, Ambala Haryana successfully hosted National level “CME & PG TEACHING PROGRAM (part – 3) : Refreshing Obs & Gynae for all ” with the theme. : Women Health : From Pregnancy till Menopause in association with SOGA , Patiala Menopausal Society, Urogynae Committee, under aegis of FOGSI ,IMS & ICOG on 6 – 7th August 2022 from 8 am – 6 pm at MM Continental Hotel
- Honourable Dr Shobhana Mohandas, President Indian Menopausal Society and Respected Dr . C. Ambuja , ex president Indian Menopausal Society made sure to be a part of event and made a virtual presence and shared encouraging and inspiring words for the Grand Academic Feast.
- It was a unique one of a kind “ PG teaching program “ part - 3 . After two successful virtual installments of this series . This time it was live , bigger and better , attended by the greatest of great professors, masters of their field who take out their precious time to deliver top notch , power packed lectures followed by case presentations and live drills from various esteemed colleges across India. It was attended by over 150 senior faculty , private practioners and PG residents from across the nation it was a ready reckoner of the recent advances along with the basics in obs and gynae.
- It was our absolute honour to have with us Dr JB Sharma , Prof AIIMS Delhi , BC ROY AWARDEE as our chief guest and speaker .
- Dr Ashi R Sarin , ex president Patiala Obgy society , teacher of teachers as our guest of honour.
- Amongst the many stalwarts in field of obs and gynae which graced the occasion as our esteemed speakers and chairpersons some of the well known names were Dr Beant Singh, president patiala menopausal society , Dr Alka Sehgal , HOD GMC Sec 32 , Dr Kavita Bhatti , HOD DMC Ludhiana , Dr Meenakshi , Assoc Prof PGIMS Rohtak , Dr Anupama Bahadur, Prof AIIMS Rishikesh (a pioneer in field of robotic gynae surgery), Dr Santosh Minhas , prof & Hod MMU Solan .
- The event was an absolute academic feast .
- We also had Paper and Poster presentations on both days
- And the event was followed by an cultural gala evening. Where in interns & MBBS students have stellar performances.
- MBBS Students also performed a nukkad natak to boost awareness about breast feeding keeping in mind the ongoing Breastfeeding Week.
- We were granted 10 ICOG Credit hours and 6 HMC credit hours.

Patiala Menopause Society

- UNDER MHCC , ACTIVITIES , MONTHLY VARISHTH MAHILA SWASTH SHIVIR , CAMPS , PROJECTS & WEBINARS FOR MENOPAUSAL HEALTH UNDER AEGIS OF IMS (INDIAN MENOPAUSAL SOCIETY) WE CELEBRATED BREAST FEEDING WEEK FROM 1ST AUGUST TO 7TH AUGUST IN THE RURAL AREAS OF MULLANA , BY DEPT OF OBS& GYNAE MAHARISHI MARKANDESHWAR INSTITUTE OF MEDICAL SCIENCES , A RURAL TERTIARY CARE CENTRE , HARYANA
- Under the patronage of Honourable Chairman Sh. Tarsem Garg, Respected Principal, Vice Principal, M.S and CEO sir, under guidance of DR.RUBY BHATIA PROF. & HOD , Department of Obstetrics and Gynaecology, MMIMSR, Mullana, Haryana EX. SECRETORY PATIALA MENOPAUSAL SOCIETY 2018, LIFE MEMBER PATIALA MENOPAUSAL SOCIETY
- UNDER MHCC , UNDER AEGIS OF IMS AT MMIMSR , MULLANA – A RURAL TERTIARY CARE CENTRE , HARYANA
- The breast feeding week was a great learning experience , where counselling sessions were held for perimenopausal and menopausal women , and they were explained the significance of breastfeeding and were asked to encourage women around them (daughter , daughter-in-law , nieces) regarding the importance and need for exclusive breast feeding . Awareness was also spreaded by various poster and paper presentations .

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- Dr. Ruby Bhatia ,Prof. & Head, obs and gynae, MMIMSR , MULLANA , AMBALA and the department of Obstetrics and Gynaecology under the Aegies of FOGSI , IMS , MHCC & Patronage of chancellor Sh. Tarsem Garg, Principal , Vice Principal, CEO organized a Cervical Cancer awareness program in the OPD on 7 september 2022 . Gynae checkup, Pap Smear screening, BMI, Breast examination, Hb, RBS was done at obs-gynae opd block MMIMSR . free papsmear screening was done in 30 women attending OPD. Among those 8 patients were Obese, 5 patient had utero - vaginal prolapse, 7 patients had abnormal uterine bleed, 3 patient had vaginitis, 1 patient had postmenopausal bleeding and 5 patients with PID.
 - Under the awareness drive -
 - Free PAP smears were taken of 30 women.
 - 30 women attending OPD. Among those 8 patients were Obese, 5 patient had utero - vaginal prolapse, 7 patients had abnormal uterine bleed, 3 patient had vaginitis, 1 patient had postmenopausal bleeding and 5 patients with PID. Were examined and educated about awareness of cervical cancer, importance of cervical cancer screening, vaccination for cervical cancer ,personal hygiene, self-awareness and nutrition.
 - Motivational speech was given by Dr. Ruby Bhatia, prof& HOD, obs & gynae,MMIMSR, Mullana,ambala regarding awareness of cervical cancer.
 - Venue : OPD BLOCK (Deptt. Obs & Gynae)
 - Lectures were given on:
 - Prevention of cervical cancer - Dr Ruby Bhatia (Prof.& HOD)
 - Pap smear screening -Dr. A.S.Dhillon (Prof.)
 - High risk factors for cervical Cancer – Dr.sukhbir (Asso. Prof)

Patiala Menopause Society

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- Under the awareness drive -
- Lectures were given on:
 - HPV Vaccination for adolescent girls for cervical cancer prevention - Dr Ruby Bhatia (Prof.& HOD)
 - Awareness regarding prevention of cervical cancer -Dr. karishma (SR)
 - High risk factors for cervical Cancer – DR.SHAHIRA (PG 3RD YEAR)



Patiala Menopause Society

Women Health from Pregnancy to Menopause CME&PGTEACHINGPROGRAM

Refreshing Obs & Gynae for all

6-7 AUGUST, 2022

VENUE: M.M. CONTINENTAL

8.30AM-6.30PM

[CLICK HERE TO REGISTER](#)



DEPT OF OBS & GYN, MMMSR, MMDU, MULLANA, HARYANA

In association with SOGA/Patiala Menopausal Society & Urogynaecological Committee

ICOG CREDIT POINTS: 10

HMC CREDIT HOURS: 06

Chief Guests



Dr. Shashi Kumari
President, FOGSI



Dr. Shobha Mohandas
President, IMS



Dr. J.B. Sharma
Prof. ADHS, Delhi
Chairperson Urogynaecological Committee

Guest of Honour



Dr. C. Ambiga
Ex-President, IMS



Dr. Ashok Kumar
Secretary, ICOSI India
Prof. IASOSI (Gynaecology, IMS, India)



Dr. Ashi R. Sareen
Ex-President, Patiala SOGA Society



Dr. Priya Ganesh
Onco Committee, FOGSI

Organizers



Dr. Amit Mittal
Vice Principal
MMMSR Prof & HOD Radiology



Dr. Ruby Bhatia
Prof. HOD, CBOG, MMMSR



Dr. Tajinder Kaur
Prof. CBOG, MMMSR

Organizing Team



Dr. P.S.G. Goria
Prof. CBOG, MMMSR



Dr. Beant Singh
President, Patiala Menopausal Society



Dr. Poonam Loomba
President, SOGA



Dr. Sukhbir Pal Kaur
Assoc. Prof. CBOG, MMMSR



Dr. Priya Jindal
Asst. Prof. MMMSR



Dr. Sheenakhatri
Jati, Sec. of IMS



Dr. Sindhu
Jati, Sec. of IMS



Dr. Roohaniat Singh
Jati, Sec. of IMS



Dr. Tanaya
Jati, Sec. of IMS



Dr. Aishwarya
Jati, Sec. of IMS



Dr. A.S. Dhilon
Prof. MMMSR



Dr. Simranjit Kaur
Prof. MMMSR



Dr. Mansi Kumar
Assoc. Prof. MMMSR



Dr. Jalinder Pal Kaur
Asst. Prof. MMMSR



Dr. Anshu Miglata
Asst. Prof. MMMSR



Dr. Priyanka Bansal
Asst. Prof. MMMSR

CHIEF PATRON :-

Honourable DR. TARSEN GARG, Chancellor, MMDU

PATRON :-

Late. Sh. Sanjeev Garg (Secretary, MM Trust)

Dr. Vishal Garg (Treasurer, MM Trust)

Ms. Meenakshi Garg

Dr. Harish Kumar Sharma (Vice Chancellor)

Dr. B.K. Agarwal (Principal, MMMSR)

Dr. Amit Mittal (Vice Principal, MMMSR)

Dr. R.K. Garg (CEO, MMMSR Hospital)

Prof. Ashwani K. Sood (Medical Superintendent)

Dr. Sankalp

COMPARERS :-

Dr. Sheena Khatri

Dr. Vagireddy Sindhu

HOSPITALITY TEAM :-

Dr. Disha, Dr. Bhavya, Dr. Avleen

ACCOMMODATION & TRAVEL :-

Dr. Roohaniat, Dr. Samay

REGISTRATIONS :-

ONLINE :- Dr. Shilpa, Dr. Sangrila

OFFLINE :- Dr. Tanisha, Dr. Manisha

ANY QUERRIES CALL:- 9778 10200, 988887222, 8997307 099

PAPER / POSTER PRESENTATION GUIDELINES (6/8/22 - 7/8/22)

Dear Presenter .

Greetings

Please find below general specifications for submitting Paper/posters.

THEME -

- Maternal Near Miss
- & Motherhood & Breastfeeding: up pride
- Urogynaecology
- Oncogynaecology
- Miscellaneous

PAPER PRESENTATION

The abstract text to be limited to 250 words and is to be structured with the following -

- Introduction
- Material & Methods
- Results
- Conclusion

TIME LIMIT -

6 min for presentation
2 min for discussion

POSTER PRESENTATION

The Poster text to be limited to 400-600 words and is to be structured with the following -

- Introduction
- Material & Methods
- Results
- Conclusion

POSTER SIZE SPECIFICATIONS -
3 feet (Width) X 4 feet (Ht)
FONT - Calibri (Size minimum 14pt)

TIME LIMIT -

3 min for presentation
2 min for discussion

Authors are responsible for Mounting their Posters on 7/8/2022 by 0am .

- Presenting author of paper/poster presentation must be registered participant to the CME.

- Please send a copy of abstract and register an details on hod.obsgynae@mmdumullana.org by 3/8/2022 (last).

Co - ordinators :-

Dr. Aishwarya-9740356615, Dr. Sanira-762836289, Dr. Shilpa -9873950315

For Any Querries :-

Dr. Sheena - 9773610200, Dr. Roohaniat 988887222, Dr. Sindhu 8997307566

