



Menopause Society Surat

CLUB 35+

Dr. Malti P. Shah

Founder Chairperson
Club 35+, MSS

Dr. Anita Shah

Patron
MSS

Dr. Jagruti Desai

President
MSS

Dr. Pradip Dalwadi

Secretary
MSS

Dr. Dipti Patel

Treasurer
MSS

Society Activity Report



CLUB 35 Plus Menopause Society Surat

Club
35
Plus

INTERNATIONAL Women's Day

Celebration

9th March 2024 (Saturday), 4:00 PM to 6:00 PM

Information & Entertainment Both together

Importance of HPV Vaccine



Dr Jagruti Desai
Consultant Gynaecologist
Surat



Importance of Vaccine for
Herpes Zoster



Dr Mrudula Desai
Consultant Dermatologist
Surat

Bollywood Masti with

Ms. Falguni Jariwala
Choreographer, Surat



**Venue: Sarvajani B. Ed College Auditorium,
Lal Bunglow, Nr. Parle Point, SURAT**

Dr. Anita Shah
Patron

Dr. Darpana Trivedi
President

Dr. Tejal Shah
Hon. Secretary





Menopause Society Surat



INSTALLATION CEREMONY

Followed by CME on
MIDLIFE MATTERS
An Initiative by
Indian Menopause Society

We cordially invite you to grace the Installation of
DR. JAGRUTI DESAI as President
& HER TEAM for the tenure **2024 – 2026**

Chief Guest



Dr. Anju Soni
President, IMS

27th April 2024
(Saturday)
7:30 PM Onwards

:-: Venue :-:
Spice Villa Banquets
Behind ISCON Mall,
Dumas Road, Surat

Dr. Anita Shah Patron, MSS President Elect, IMS	Dr. Darpana Trivedi President MSS 2022-2024	Dr. Tejal Shah Secretary MSS 2022-2024	Dr. Malti Dalal Treasurer MSS 2022-2024
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Executive Board 2024 – 2026

Dr. Anita Shah Patron, MSS President Elect, IMS	Dr. Jagruti Desai President	Dr. Darpana Trivedi IPP
Dr. Tejal Shah Vice President	Dr. Pradeep Dalwadi Secretary	Dr. Dipti Patel Treasurer

EC Members

Dr. Arpit Vachhani	Dr. Ashwin Vachhani
Dr. Kokila Desai	Dr. Mitsuo Doshi
Dr. Shaila Desai	Dr. Sushma Iyer

Advisors

Dr. Malti Shah	Dr. Prakash Bhatt	Dr. Asha Bhatt
Dr. Sandhya Chhasatia	Dr. Manisha Jhavar	Dr. C. H. Trivedi



Menopause Society Surat

MIDLIFE MATTERS

An Initiative by
Indian Menopause Society



27th April 2024 (Saturday) 7:30 PM onwards

Venue: Spice Villa Banquets, Behind Iscon Mall, Dumas Road, Surat

IMS Office Bearers



Dr. Anju Soni
President, IMS



Dr. Bipasa Sen
Secretary General, IMS



Dr. Laxmi Shrikhande
Joint Secretary, IMS



Dr. Jamuna Devi
Program Co-ordinator

MSS Office Bearers



Dr. Anita Shah
Patron, MSS
President Elect, IMS



Dr. Darpana Trivedi
President
MSS 2022-2024



Dr. Tejal Shah
Secretary
MSS 2022-2024



Dr. Malti Dalal
Treasurer
MSS 2022-2024



Dr. Jagruti Desai
President
MSS 2024-2026



Dr. Pradeep Dalwadi
Secretary
MSS 2024-2026



Dr. Dipti Patel
Treasurer
MSS 2024-2026

Faculties



Dr. Anju Soni
President, IMS



Dr. Dipali Mevawala
Member, MSS



Dr. Prerna Parekh
Member, MSS



Dr. Mukur Petrolwala
Member, MSS

- ✓ Genito Urinary Syndrome of Menopause
- ✓ Contraception in Perimenopause

Chairpersons



Menopause Society Surat

MIDLIFE MATTERS

An Initiative by
Indian Menopause Society



27th April 2024 (Saturday) 7:30 PM onwards

Venue: Spice Villa Banquets, Behind Iscon Mall, Dumas Road, Surat

PROGRAM DETAILS

MOC – Dr Himanshi Agarwal & Dr Nidhi Patel

Registration & Dinner	
Invite all the Dignitaries on the Dias	Dr Himanshi & Dr Nidhi
Lamp Lighting & Prayer	
Welcome Address by President	Dr Darpana Trivedi
Secretary Report	Dr Tejal Shah
Introduction of Chief Guest	Dr Anita Shah
Felicitation	
Introduction of Incoming President	Dr Tejal Shah
Installation of New President & Her Team for the year 2024-2026	Dr Anju Soni
Acceptance Speech by Incoming President	Dr Jagruti Desai
Introduction of New Team	
Key Note Address on "Genito Urinary Syndrome of Menopause"	Dr Anju Soni
Talk on "Contraception in Perimenopause"	Dr Dipali Mevawala
Vote of Thanks	Dr Pradeep Dalwadi



 **Menopause Society
Surat** 
Indian Menopause Society 2024-25
WELLNESS OF WOMEN 36+

INSTALLATION CEREMONY





CLUB 35 Plus
Menopause Society Surat

Club 35 Plus

Importance of Health & Wealth

18th May 2024 (Saturday) Time: 04:00 PM to 06:00 PM

Venue: UG-1&2, Milestone-Canal Point, Beside INS Hospital,
Nr. Kharvarnagar BRTS Station, Khatodra Wadi, Surat



Health Insurance & systematic investment Plan



Ms Zankhana Desai
Financial Consultant

Healthy Diet tips for Wellness



Dr. Pradeep Dalwadi
Secretary
MSS 2024-2026



HEALTHY LIFESTYLE

Five healthy Recipes presentation – by our Club 35+ Members

Please participate in **Recipe contest** by preparing a **Video/presentation** of up to **3 minutes** till **14th May 2024**.
We will choose **Best 5 Recipes** and allow those members to present it.
PLEASE SEND YOUR ENTRY ON 98790 12116



Dr. Anita Shah
Patron, MSS
President Elect, IMS



Dr. Jagruti Desai
President
MSS 2024-2026



Dr. Pradeep Dalwadi
Secretary
MSS 2024-2026



Dr. Dipti Patel
Treasurer
MSS 2024-2026

Team MSS 2024-26

Celebration of International Yoga Day

21st June 2024 (Friday)

6.30 AM to 8:30 AM



**Venue: Dr Raj Ashok Shetty, Aayu Fitness Center,
4th floor (Terrace) Regent Mall, Ghod dod Road , Surat**



Indian Medical Association, Surat

Menopause Society Surat

Club 35+ Surat



Surat Obstetric & Gynaecological Society

Surat Medical Consultants' Association

Association of Physicians of Surat

Surat Anaesthetists Association

Family Physicians' Association

Surat Paediatric Association

Udhna Medical Association



**Color Code: White Shirt / T Shirt & Blue or Black Pants.
Please bring your own Mats, Water Bottles, Napkins.
Program Will be followed by light refreshment**



Happy to share that A **Free Health Checkup for women.**

Camp was conducted at Udhna Hospital Private Limited for perimenopausal and menopausal women on 4th July 2024, Thursday. 18 women were benefited of - Height, weight, BMI, BMD, CBC, FBS, TSH, BMD, BP, Pelvic Ultrasound, Oxygen level with gynec Consultation. Calcium tablets distribution was done. an awareness talk about Menopause was also given by me.

Dr Anita Shah Patron MSS & President Elect IMS

Dr Jagruti Yogeshkumar Desai President MSS.

Dr Pradip Dalwadi Secretary MSS





Menopause Society Surat
Surat Obstetric & Gynaecological Society
Surat Medical Consultants' Association
Association of Physicians of Surat
South Gujarat Orthopaedic Association

Osteoporosis Update

28th July 2024 (Sunday) 9:30 AM to 1:00 PM

Venue: G NINE RESTAURANT, UM ROAD, VESU, SURAT

1 IMS
Credit Point

Program Co-Ordinator: Dr Pradip Dalwadi

09:30 am to 10:15 am Breakfast & Registration

Session 1

10:15 AM to 11:15 AM

10:15 am to 10:25 am Welcome Address



Dr. Anita Shah
Obstetrician & Gynecologist
Patron, MSS
President Elect, IMS



Dr. Jagruti Desai
Obstetrician & Gynecologist.
President, MSS



Dr. Praful Doshi
Obstetrician & Gynecologist
President, SOGS

Chairpersons



Dr. Paresh Kothari
Anesthetist
President, SMCA



Dr. Meeta Singh
Obstetrician & Gynecologist
Past President, IMS

Speakers



Dr. Tejal Shah
Obstetrician & Gynecologist
Vice President, MSS

Osteoporosis: Pathophysiology, Screening & Diagnosis
10:25 AM to 10:55 AM

Osteoporosis Prevention: From Adolescent to Menopause
10:55 AM to 11:15 PM

Session 2
11:15 AM to 12:30 PM

Chairpersons



Dr. Ankur Dalal
Rheumatologist
President, APS



Dr. Nilesh V. Patel
Orthopedic Surgeon
President, SGQA

Speakers



Dr. Dayanidhi Desai
Sr. Orthopedic Surgeon



Dr. Ajay Jain
Endocrinologist
Past President APS



Dr. Pradip Dalwadi
Endocrinologist
Secretary, MSS

Management of osteoporosis: Practice Essential
11:15 AM to 11:40 AM

Concept of Drug Holiday & Clinical utility of Bone Turnover Marker
11:40 AM to 12:05 AM

Treatment sequence for Osteoporosis
12:05 AM to 12:30 AM

Session 3

12:30 PM to 1:00 PM

Question – Answer Session with All Speakers

01:00 PM to 01:05 PM
01:05 PM

Vote of Thanks
LUNCH

Dr Pradip Dalwadi



Dr. Jagruti Desai
Obstetrician & Gynecologist
President, MSS



Dr. Praful Doshi
Obstetrician & Gynecologist
President, SOGS



Dr. Paresh Kothari
Anesthetist
President, SMCA



Dr. Ankur Dalal
Consultant Rheumatologist
President, APS



Dr. Nilesh V. Patel
Orthopedic Surgeon
President, SGQA



Dr. Pradip Dalwadi
Endocrinologist
Secretary, MSS



Dr. Arpit Vachhani
Obstetrician & Gynecologist
Secretary, SOGS



Dr. Kartik Desai
Pediatrician
Secretary, SMCA



Dr. Pawan Agrawal
Internal Medicine Specialist
Secretary, APS



Dr. Mubin Kazi
Orthopedic Surgeon
Secretary, SGQA

Academic Partners :-

AVIATOR LIFE SCIENCE

INTAS PHARMACEUTICAL-INARA DIVISION



Registration is FREE, But Compulsory

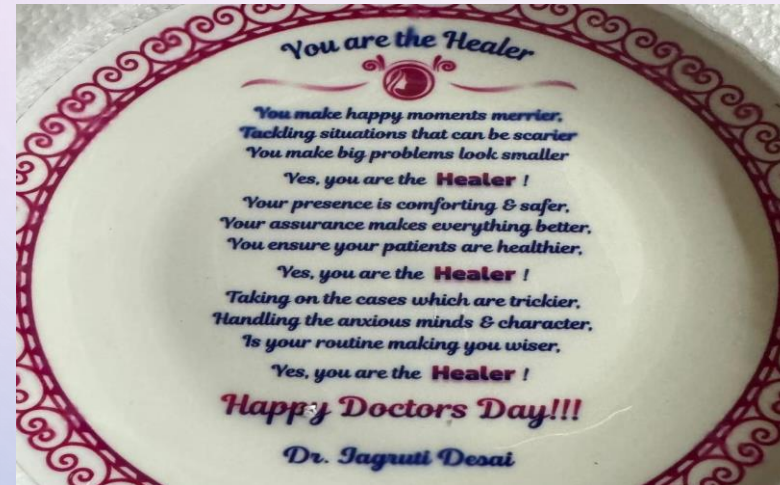
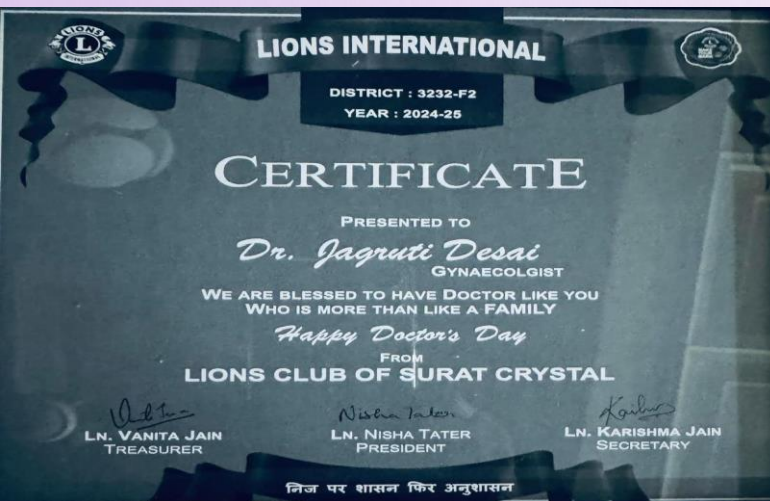
CLICK HERE FOR REGISTRATION



CERVICAL CANCER AWARENESS AND HPV VACCINATION AWARENESS PROGRAMME



FELICITATION ON DOCTORS DAY 1ST JULY 2024 AT NIRMAL SUPERSPECIALITY HOSPITAL BY LIONS CLUB SURAT CRYSTAL.





THANK YOU