



GURGAON MENOPAUSE SOCIETY

ACTIVITIES SINCE FEB 2024 TO AUGUST 2024

PRESIDENT-DR REETA DARBARI

SECRETARY-DR CHANDAN KACHRU



EDUCATIONAL CME

MENOPAUSE SOCIETY OF GURUGRAM

Sponsored by



Date : Tue, 6th Feb 2024 Time 1.30PM-4.00PM | The Hotel Plazzio, Sec 29



Dr Reeta Darbari
President, MSG



Dr Chandan Kachru
Secretary, MSG

SCIENTIFIC PROGRAMME

1.30-2.30PM	REGISTRATION & LUNCH	
	Topic/ Speaker	Chairperson
SESSION-1 2:30PM - 3:15PM	Management of Vulvovaginal Atrophy Dr. Pushpa Sethi	Dr Ragini Agrawal Dr Usha Sikka Dr Anjali Bugga Dr Mukhta Kapila
SESSION-2 3:15PM - 4:00PM.	MHT - Prevention of Osteoporosis. Dr. Madanjit Pasricha	Dr Sunaina Goel Dr Savita Chopra Dr Saroj Kumar

FEB 2024

WE HAD A CME ON VULVOVAGINAL ATROPHY AND
SPEAKER WAS DR PUSHPA SETHI OUR OWN
PRESIDENT IMS

ANOTHER TALK WAS ON PREVENTION OF
OSTEOPOROSIS BY DR MADANJIT PASRICHA

WE ALSO FELICITATED DR RAGINI AGRAWAL FOR
BEING ELECTED AS SECRETARY GENERAL OF IMS

IT IS A PROUD PRIVELEDGE FOR OUR SOCIETY TO
HAVE STALWARTS IN IMS FROM OUR OWN SOCIETY

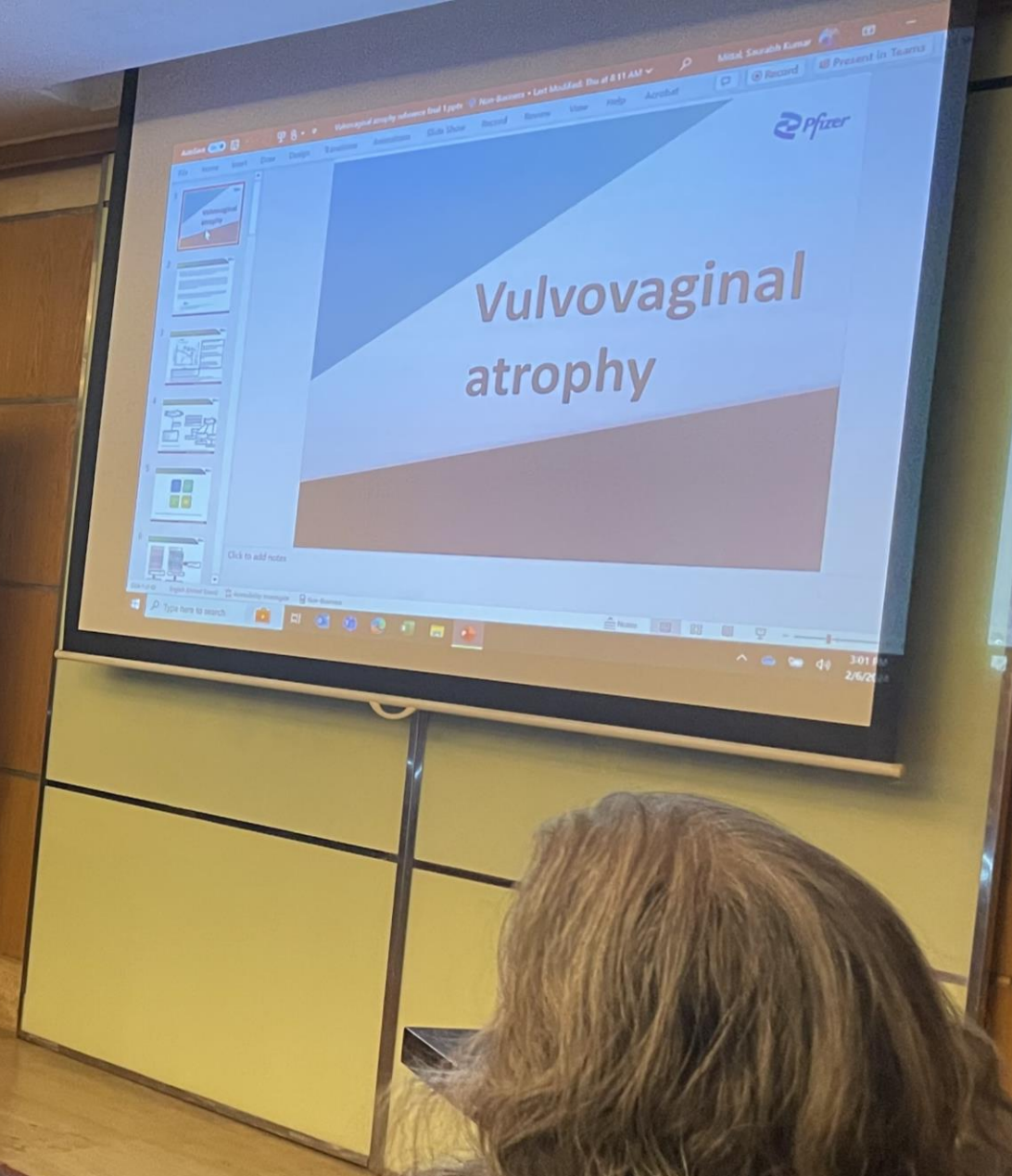
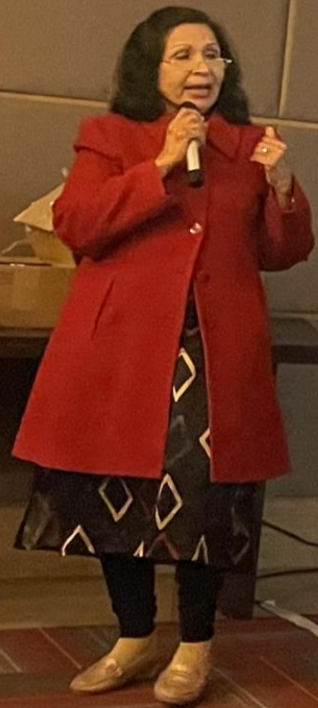




• Delay in starting local treatment will reduce degree of response

• Initial loading dose to stimulate receptors followed by low maintenance dose once or twice per week is recommended

Hormone therapy: Risks & Recommendations of North American Menopause Society (NAMS) 2017





MARCH ACTIVITIES



Menopausal Society, Gurugram

in association with

Fortis Memorial Research Institute, Gurugram

cordially invites you for a CME on

Paradigm Shift in Uterine Cancer Management

with

Dr. Rama Joshi

Gynae Onco Surgeon & Robotic Surgeon
Principal Director & Head - Department of
Gynae Oncology & Robotic Surgery



Dr Reeta Darbari
President , MSG



Dr Chandan Kachru
Secretary, MSG

Venue : Radisson Hotel

Plot No 360-362, sector 29 Gurugram-122001

Date : 21 st March, 2024(Thursday)

Time : 01:30pm onwards (followed by Lunch)

RSVP : MR. Alok Singh -8800165791

MARCH 2024

GURGAON MENOPAUSE SOCIETY WITH FORTIS GURGAON HAD A CME ON PARADIGM SHIFT IN UTERINE CANCER MANAGEMENT BY EMINENT SPEAKER FROM THE FIELD OF ROBOTIC SURGERY DR RAMA JOSHI



THE CME WAS FOLLOWED BY HOLI CELEBRATION



— ACADEMIC SESSION —
PARADIGM SHIFT IN UTERINE CANCER MANAGEMENT

by
DR. RAMA JOSHI

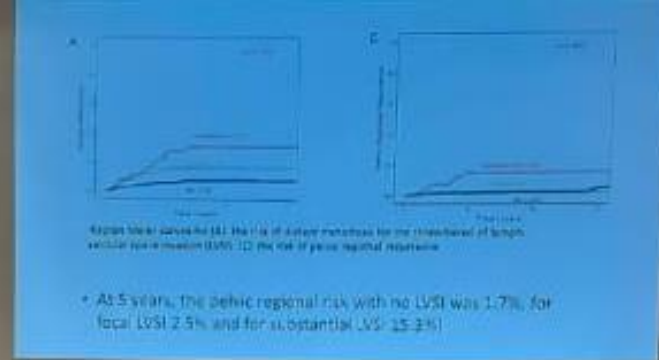
Gynaec Oncologist & Robotic Surgeon
Principal Director & Head - Department of Gynaec Oncology & Robotic Surgery

Thursday, March 14, 2024



Input-B







MENOPAUSE SOCIETY GURUGRAM
& WDW IMA Gurgaon
CELEBRATING *Baisakhi*
With Saree
WALKA-THON

& Public Awareness about Menopausal Health



Dr Reeta Darbari
President, MSG



Dr Chandan Kachru
Secretary, MSG



Dr Vinita Yadav
Chairperson
WDW IMA GGN



Dr Anu Sidana
Secretary
WDW IMA GGN



Dr Jyoti Yadav
Secretary
WDW HARYANA

**REGISTRATION
IS FREE BUT
MANDATORY**

**SUNDAY
APRIL 14**

7.30 am-10 am

STARTS AT LEISURE VALLEY GURUGRAM

APRIL ACTIVITY-PUBLIC AWARENESS PROGRAM WITH FUN ACTIVITY

- A SAREE WALKATHON WAS HELD BY GURGAON MENOPAUSE SOCIETY WITH WDW IMA GROUP AT LEISURE VALLEY ON APRIL 14
- ABOUT 60 MEMBERS PARTICIPATED IN IT AND ALL DOCTORS HAD FUN TIME
- WE ALSO TALKED ABOUT MENOPAUSAL PROBLEMS TO THE GEN PUBLIC







Colorful Shades of Menopause
Menopause Society Gurugram
& WDWIMA Gurugram

CELEBRATING *Baisakhi*
With *Saree*
WALKA-THON

& Public Awareness about Menopausal Health

Sunday
14th
April



Dr. Renuka Dhillon
President, WDWIMA



Dr. Chandan Kaur
Secretary, WDWIMA



Dr. Vinita Tabb
Chairperson
WDMC Gurugram



Dr. Anu Sharma
Secretary
WDMC Gurugram



Dr. Jyoti Yadav
Secretary
WDMC Gurugram

Starts at Leisure Valley Gurugram

APRIL CME

CME ON WEIGHT
MANAGEMENT IN PCOS
OBESITY
SPEAKER
DR RAGINI AGRAWAL

Akumentis along with Menopause Society Gurgaon
Invites you to CME on

Topic
Weight Management in PCOS Obesity

Speaker

Dr. Ragini Aggarwal

President

Dr. Reeta Darbari
Menopausal Society

Secretary

Dr. Chandan Kachru
Menopausal Society

 **25th April, 2024** |  **2:00 PM - 5:00 PM**

 **CLUB PATIO HOTEL**
Block - E, south City 1, Next to Huda City Centre Metro Station, Near Sector 29

Lunch Followed By Session

Supported by the makers of
PCOS Lite
Scientifically Designed Weight Management
Nutrition Formula



MAY ACTIVITY



**Lupin Limited along with menopause Society
& Obs/Gynae Society Gurugram
Invite you to CME on**

TOPIC

Role of Iron in fetal programming & Menopause

Speaker



Dr. Anu Sidana

President



Dr. Reeta Darbari
Menopausal Society

Secretary



Dr. Chandan Kachru
Menopausal Society



16 May, 2024



2:00 PM - 5:00 PM

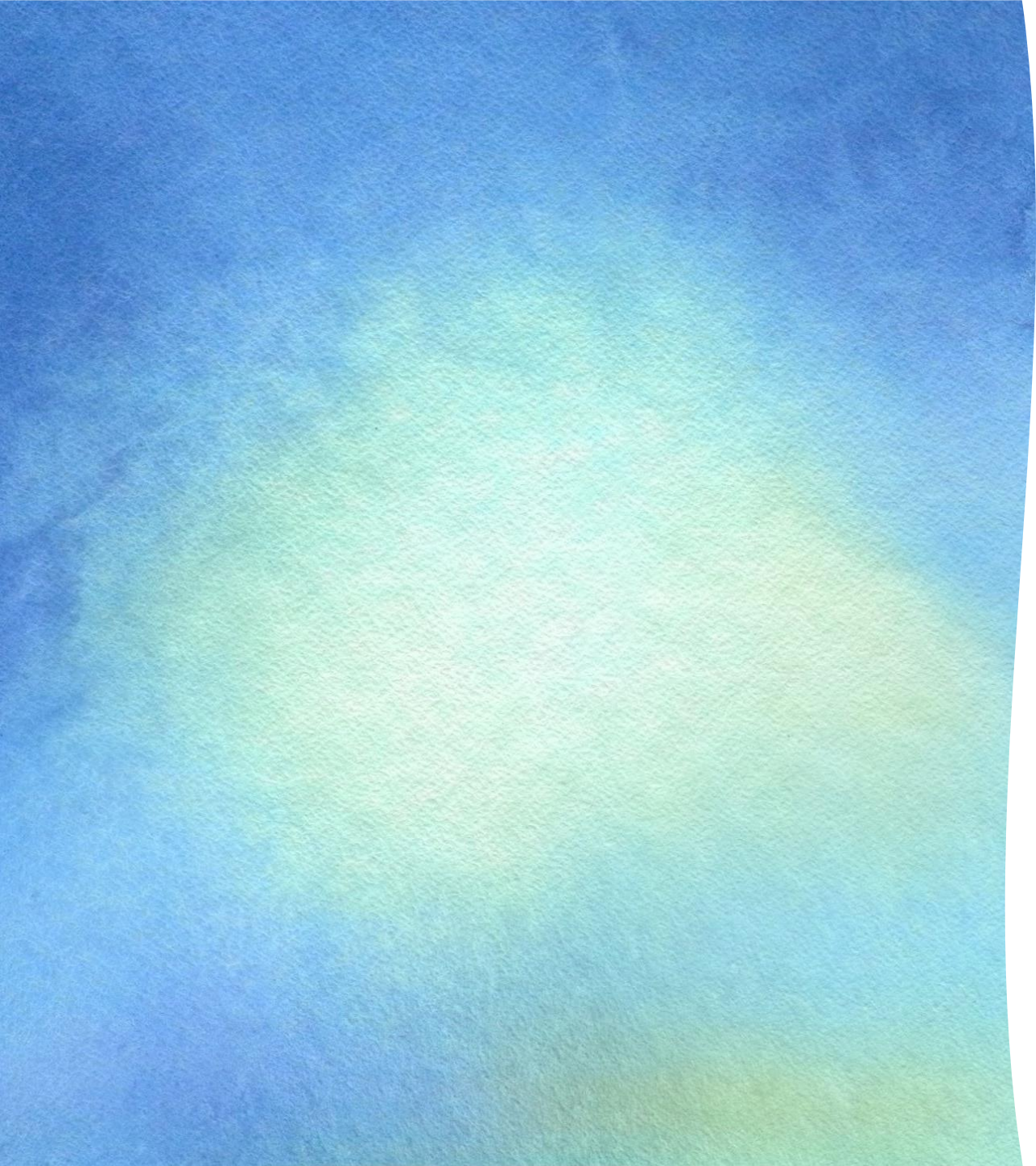
THE PLLAZIO HOTEL

Plot No. 292, City Center, 296,
Sector-29 Gurugram (Hr.) 122001

Lunch Followed By Session

Supported by the Makers of





MAY ACTIVITY

CME ON ROLE OF IRON IN FETAL
PROGRAMMING AND MENOPAUSE

SPEAKER-DR ANU SIDANA

IT WAS FOLLOWED BY A CULTURAL
PROGRAM

Types of Anemia

Iron-Deficiency Anemia

This is the most common type of anemia, caused by inadequate iron intake or absorption, leading to a decrease in red blood cell production.

Vitamin Deficiency Anemia

Deficiencies in vitamins such as B12 and folate can lead to anemia due to their role in red blood cell production.

Chronic Disease Anemia

Certain chronic conditions can lead to anemia, such as kidney disease, cancer, and inflammatory disorders.





JUNE ACTIVITY

PUBLIC AWARENESS WITH HEALTH CAMP/WORKSHOP

DR CHANDAN KACHRU HELD A MENOPAUSAL WORKSHOP/HEALTH CAMP AT MAHINDRA LUMINAIRE RWA GURGAON WITH ABOUT 60 SENIOR CITIZENS ON MENTAL HEALTH IN MENOPAUSE

THERE WAS ACTIVE PARTICIPATION OF RESIDENTS AND WAS APPRECIATED A LOT









JULY 2024

- THE WHOLE MONTH OF JULY WAS DEDICATED TO TREE PLANTATION AT DIFFERENT SITES OF GURGAON AND TALKS ABOUT ENVIRONMENT PRESERVATION –AN INITIATIVE BY GURGAON MENOPAUSE SOCIETY WITH OTHE ORGANISATIONS LIKE RWAS AND ROTARY AND LIONS CLUB



august



Indian Menopause Society 2024-25
WELLNESS OF WOMEN 360°
"REGENERATE & REVERSE"

Menopause Society of Gurugram
In Association with
ALBERT DAVID
A Unit of
Kothari Group
Imagine Inspire Deliver



Menopause Society

Cordially invites You CME on PID
August 20, 2024 | 1.00pm onwards



Dr. Reeta Darbari
PRESIDENT, MSG



Dr. Chandan Kachru
SECRETARY, MSG

TIME	TOPIC	SPEAKER	CHAIRPERSONS
	Lunch		
2PM-2.30 PM	PID (Pelvic Inflammatory Disease)	Dr. Reeta Darbari	Dr. Ruchi Gupta Dr. Sharda Sethi Dr. Pallavi Vasal Dr. Alisha Garg
2.30PM ONWARDS	Cultural Program		Dr. Reema Goel Dr. Anu Sidana Dr. Vinita Yadav Dr. Jyoti Yadav



Club Pation, South City-1, Gurugram

PLACENTREX
Injection/Gel/Cream

Evaston
Tablets

Evacure-4
Tablets

Aldora
Division of albert David Ltd.

CELEBRATING
75 YEARS
THE BOND OF HEALING



AUGUST ACTIVITIES

- WE HAD A CME
ON PID
- SPEAKER=DR
REETA DARBARI
PRESIDENT GMS
- THIS WAS WITH
EDUCATIONAL
PARTNERS ALBERT
DAVID





Menopause Society of Gurugram
Academic Partner

ALBERT DAVID
Adda life to life

A Unit of
Kothari Group
Imagine Inspire Deliver

DR REETA DARBARI
President, MSG

DR CHANDAN KACHRU
Secretary, MSG

Organises a CME on **PID**

PLACENTREX **Evast** **Evacure-4** **Aldara**
Division of **Kothari Group** Ltd.

Indian Menopause Society
WELLNESS of WOMEN **360**
REJUVENATE & REVERSE

Indian Menopause Society

Slide Show
Resume Slide Show

Aqueous extract of hum contains several bioactive

DNA related	Peptides
PDRN	Human Fibronectin Type-III
NADPH	Ubiquitin like peptide CRH