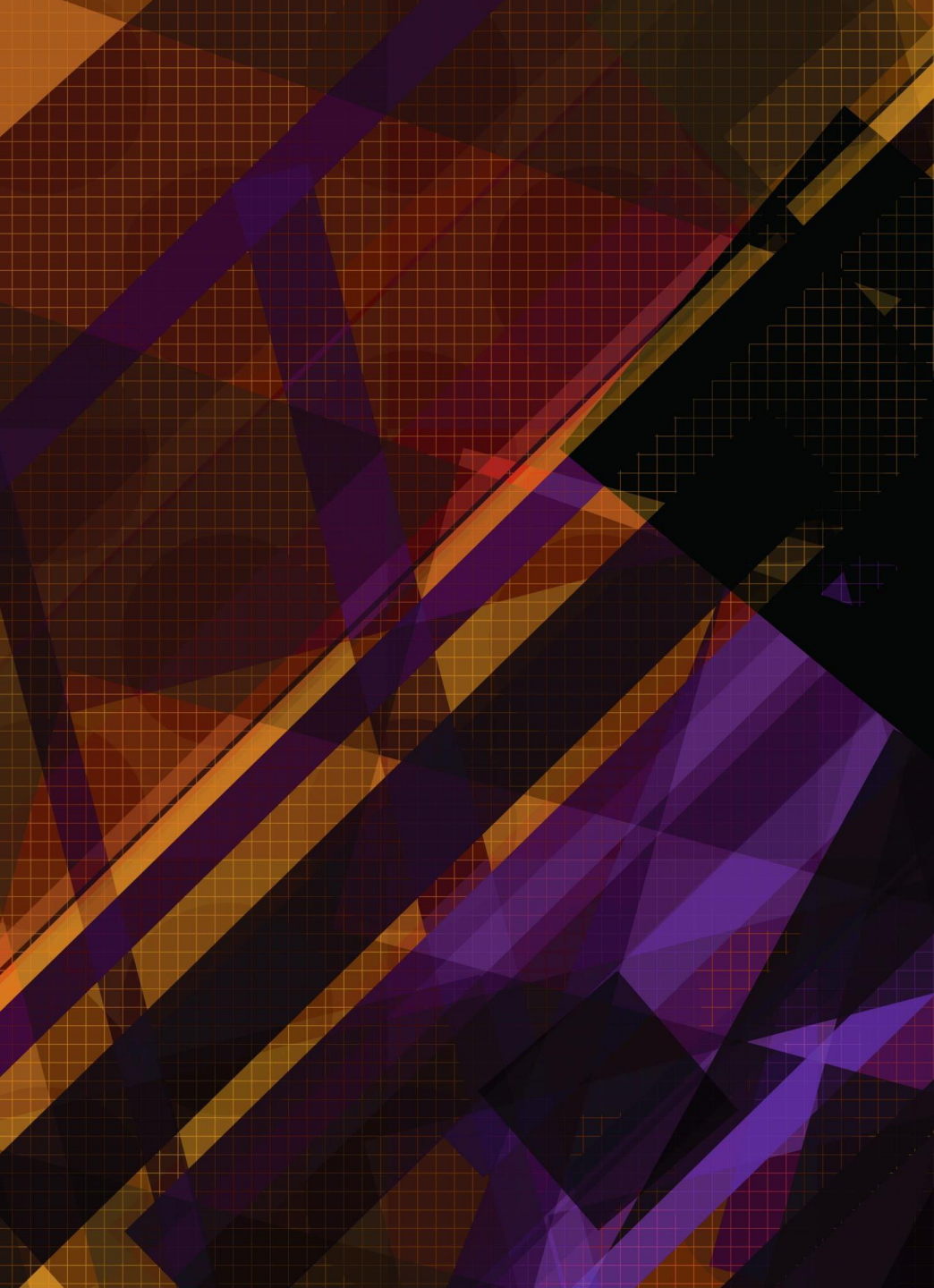




Activity Report - *March- August'24 -* Delhi Menopause Society

Dr Meenakshi Ahuja
President, DMS

Walkathon

Women's health walkathon
organised by **Delhi Menopause
Society** partnered by **Rahigiri**
on 10th March 2024 at inner
circle of Connaught place/ Rajiv
chowk



Fortis lafemme

Lace up for an **Inspiring walk** with Rahagiri

Inspiring Women's Inclusion, forges a better world and builds a sense of belonging, relevance & empowerment.

Sunday | 10th March 2024
7 – 10 AM

Dress Code: White T-shirt & Dark Lowers

In Association with:



Co-sponsors:

Fortis BLOOM IVF CENTRE | **agilus** diagnostics

Venue:
Block F, Inner circle of C.P.

RSVP: Ms. Nikhat +91 77377 36003

Public awareness

- Menopause & related problems :Live interactive talk on **Akashwani Rainbow** 102.6 MHz, 29th April'24 by Dr Renuka Malik, VP DMS
- **Dancercise** on 14th April'24- Face yoga done by Dr Sujata Agarwal –member Delhi menopause society. Over 60 + participants
- **Let's talk Menopause:** by Dr Priti Dhamija,Treasurer DMS



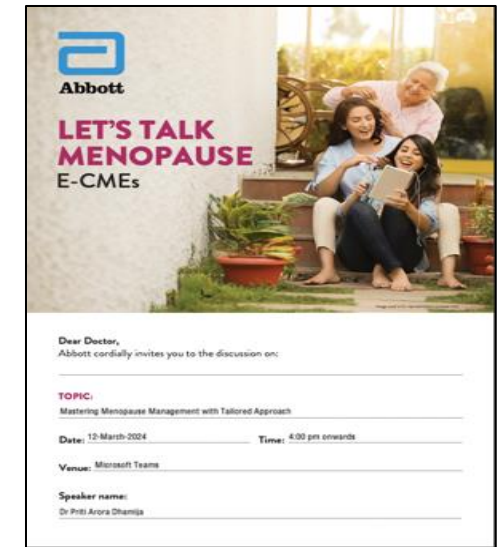
RADIO DOCTOR
On 29th April, 2024 at 3:00 pm

MENOPAUSE & RELATED PROBLEMS

Send your queries on
WhatsApp: 9868107070
Or Call 011-23421080 / 23421084
Producer- Shalini Mittal

On Akashvani Rainbow (102.6 MHz) & Live Streaming on NewsOnAir app

Dr. (Prof) Renuka Malik
Senior Consultant,
OB-GYN, ABVIMS &
Dr RML Hospital,
New Delhi



Abbott

LET'S TALK MENOPAUSE
E-CMEs

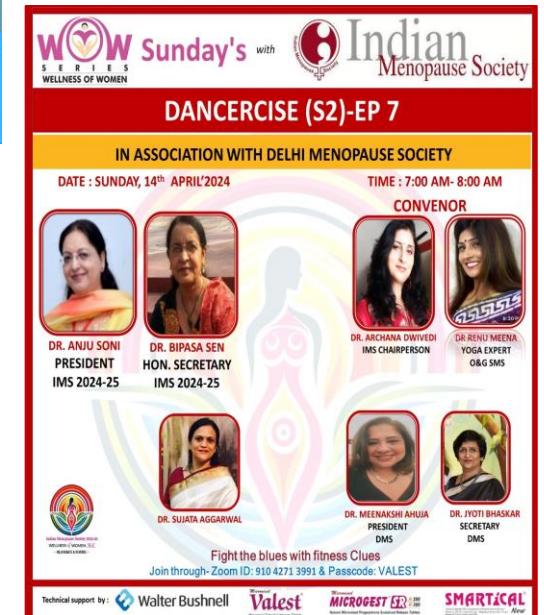
Dear Doctor,
Abbott cordially invites you to the discussion on:

TOPIC:
Mastering Menopause Management with Tailored Approach

Date: 12-March-2024 **Time:** 4:00 pm onwards

Venue: Microsoft Teams

Speaker name:
Dr Priti Arora Dhamija



WOW Sunday's with **Indian Menopause Society**

DANCERCISE (S2)-EP 7

IN ASSOCIATION WITH DELHI MENOPAUSE SOCIETY

DATE : SUNDAY, 14th APRIL'2024 **TIME :** 7:00 AM- 8:00 AM

CONVENOR

DR. ANJU SONI
PRESIDENT
IMS 2024-25

DR. BIPASA SEN
HON. SECRETARY
IMS 2024-25

DR. ARCHANA DWIVEDI
IMS CHAIRPERSON

DR. RENU MEENA
YOGA EXPERT
O&G SMS

DR. SUJATA AGGARWAL
PRESIDENT
DMS

DR. MEENAKSHI AHUJA
PRESIDENT
DMS

DR. JYOTI BHASKAR
SECRETARY
DMS

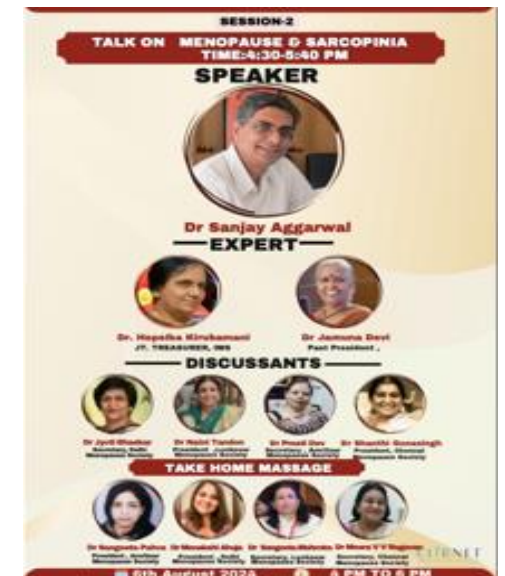
Fight the blues with fitness Clues
Join through- Zoom ID: 910 4271 3991 & Passcode: VALEST

Technical support by: **Walter Bushnell** **Valest** **MICROGEST** **SMARTICAL**

E-cme / Webinar

- Delhi Menopause Society collaborated with IMS and Hyderabad & Jalandhar menopause societies for the **Presidential webinar on Ovarian Senescence-decoded**, held on 18th June 2024
- DMS with DGFS conducted Webinar on Urogynaecology: Addressing the Clinical Dilemma, on 13th June'24
- IMS in association with Delhi Menopause Society along with Chennai, Amritsar, Lucknow societies conduct **Novel Web series** on 6th August 2024 on the topic of Sarcopenia Speaker Dr Sanjay Agarwal, Endocrinologist

 Delhi Gynaecologist Forum South & Delhi Menopause Society Cordially invites you for a Webinar on Urogynaecology : Addressing the Clinical Dilemmas 13th June, Thursday, 6.00-8.00 p.m.			
Time	Topic	Speakers / Moderators	Experts/Panelists
6:00-6:05pm	Welcome Address	Dr. Renu Misra Dr. Meenakshi Ahuja	
6:05-6:35pm (20 min talk+ 10 min Discussion)	Stress Incontinence -Is Surgery the only Option?	Dr.Aparna Hegde	Dr. Sharda Jain Dr.(Maj. Gen) Kishan Kapur
6:35-7:05pm (20 min talk+10 min Discussion)	Frequency & Urgency in Women – How do we Treat?	Dr. Karishma Thariani	Dr. Anjila Aneja Dr. Raka Guleria
7:05-7:55pm	Panel Discussion: Genitourinary Problems In women!!	Moderators Dr. Priti Arora Dhamija Dr.Kiranjeet Kaur	Dr.Meenakshi Ahuja Dr. Sujata Agrawal Dr. Amita Jain Dr.Payal Chaudhary Dr.Monika Gupta Dr. Muntaha Khan Dr. Rajiv Goel
7:55-8:00pm	Vote of Thanks	Dr. Shalini Chawla Khanna	



CHEB

- **WoMAN-2024: Workshop on Menopause - Awareness and Navigation'** on **6 August 2024** organized by Central Health Education Bureau (CHEB), Dte. General of Health Services, MoHFW.

Invited faculty from **Delhi Menopause Society**

- Dr Meenakshi Ahuja, President
- Dr Renuka Malik, VP
- Dr Kiranjeet Kaur Jt Sec





Thanks