

# Chennai Menopause society Report

March-Aug 2024

Dr TK Shaanthy Gunasingh, President CMS

Dr Meera V V Ragavan, Sec CMS

Dr MG Dhanalakshmi, Treasurer CMS

# Activity Grid

| Month | Educational activity                                                | Public awareness activity                                                     | TV and public appearances                                                                |
|-------|---------------------------------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| March | Inperson CME March 6 <sup>th</sup><br>Financial Wealth              | Multiple awareness sessions in Various colleges for International Women's Day | TV and Radio interviews on Menopausal health Breast cancer and cervical cancer awareness |
| April | Webinar KALVI series one of its kind with Madurai Menopause society | Session on Public awareness in Servion                                        | Radio activity                                                                           |
| May   | Webinar on Skin diseases                                            | Mothers Day activities with NGO                                               | TV interview                                                                             |

# Activity GRID

| Month  | Educational Activity                                                                             | Public awareness activity                                                                                                                   | Tvand Radio activities                                                                               |
|--------|--------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
| June   | ANNUAL CONFERENCE and PRECONFERNCE WORKHOP VARAM and SWARAM                                      | Had Awareness activities on Menopause and Incontinence and screening camp for Incontinence                                                  | Radio activity Club 35 activity                                                                      |
| July   | KALVI series with Bangalore Menopause Society on contraception                                   | Screening camp with Rotary club Adyar where 55 women were screened for general health,BMD and Co-testing for Cervical cancer screening done | TV awareness programme                                                                               |
| August | Webinar on Menopause and Pelvic floor health with OGSSI Urogynae committee<br>Planned another in | NGO talk in Breast feeding week                                                                                                             | Write up in Print media<br>Participation in NGO Pen Nalam for raising awareness on Health at midlife |

# Special HIGHLIGHTS

- ❖ Release of informative exclusive Newsletter MADAL (**M**enopause **A**ssociated **D**isease **A**wareness **L**etter) every month
- ❖ Midweek Quiz released by CMS every Wednesday on raising awareness among Menopause practitioners and Members
- ❖ Release of Scientific souvenirs MASS(**M**enopause **A**ssociated **S**cientific **S**ouvenir) and Workshop material WOVIAM(**W**orkshop **O**n **V**ital **I**nformation **A**round **M**enopause)
- ❖ Release of Quizzer's Digest an E book for Quick reference of Menopause related Quiz
- ❖ KALVI Webinar Series with Sister Menopause societies (**K**nowledge **A**nd **L**earning by **V**irtual **I**nteraction)



# THE OBSTETRIC & GYNAECOLOGICAL SOCIETY OF SOUTHERN INDIA



## OGSSI – Mid life Committee Scientific Programme



**DR. VIJAYA**  
President - OGSSI



**DR. GEETHALAKSHMI**  
Hony. Secretary – OGSSI



**Dr. T K Shaanthy Gunasingh**  
President CMS



**Dr. Dhanalakshmi**  
Chair midlife committee



**DR. MOHANA PRAMILA,**  
Co Chair midlife committee





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Chair midlife committee



**DR. MOHANA PRAMILA,**  
Co chair midlife committee

***Date : 22.05.2024***

***Time : 3 to 4.30Pm***

***Venue : Sanjeevini Hospital  
Washermanpet***



## **THE OBSTETRIC & GYNAECOLOGICAL SOCIETY OF SOUTHERN INDIA**

### **OGSSI – Mid Life Committee & Chennai Menopause Society**



**Dr..VI JAYA**  
President -OGSSI



**Dr.GEETHALAKSHMI**  
Hony. Secretary –OGSSI



**Dr .T.K. SHANTHY GUNASINGH**  
President CM S



**Dr. DHANALAKSHMI**  
Chair midlife committee



**Dr.M OHANA PRAMILA,**  
Co chair midlife committee



**Dr.MEERA RAGHAVAN**  
Secretary- CM S

**Date : 26.06.2024      Time: 12.30 – 02.30pm**  
**Venue : Panimalar Medical College Hospital & Research Institute**



**Midlife Committee of OGSSI &  
Chennai Menopause Society**



**CME -Menopausal Health  
@  
Madha Medical College**

**16th July 2024 ,Tuesday  
01.00- 03.30 PM**









