

Amritsar Menopause Society

An awareness programme was conducted by **Amritsar Menopause Society** under the **Aegis of Indian Menopause Society** at **SGRD Medical College Amritsar** on **27.04.21**.

Conducted by: Dr Sangeeta Pahwa

Target group : Group of helpers and fourth class of the institute.

Observation:

1. They **attained menopause** at an **early age** or they were ignorant about their age.
2. Problems told by them were foul smelling discharge, joint pains, psychological problems etc.

What was done?

They were **counselled** regarding life style modifications, investigations and approach for treatment as and when required as well proper follow up. Because our aim was to analyse how fruitful this is and if we are able to treat them.

Acknowledgments

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UNDERSTANDING MENOPAUSE for WOMEN of VILLAGE KHALRA in AMRITSAR

Date: 27/05/2021

Conducted by: Dr Sangeeta Pahwa and Dr Tavleen Kaur

